



GENTLENESS

The **Fruit** ^{of} _{the} **Spirit**
Galatians 5.22-24

“Strength under control”



Two MEEK men...

“Now the man Moses was very meek, more than all people who were on the face of the earth.”

—Numbers 12.3
CB OT p. 223

“Now the man Moses was very **meek**, more than all people who were on the face of the earth.”

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CB OT p. 223

“Take my yoke upon you,
and learn from me, for I am
gentle and lowly in heart,
and you will find rest for your
souls.”

—Matthew 11.29
CB NT p. 21

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Why was Moses

MEEK?

Why was Moses

MEEK?

Why is Jesus

GENTLE?

Why is Jesus

GENTLE?

Why is Jesus

GENTLE?

What is gentleness?



What is gentleness?









“It is only the humble heart
which is also meek”

—W. E. Vine

“...does not fight against God”

—W. E. Vine

“meekness . . . is the fruit of
power”

—W. E. Vine

“meekness . . . is the fruit of
power”

—W. E. Vine

“meekness is the opposite to
self-assertiveness and
self-interest”

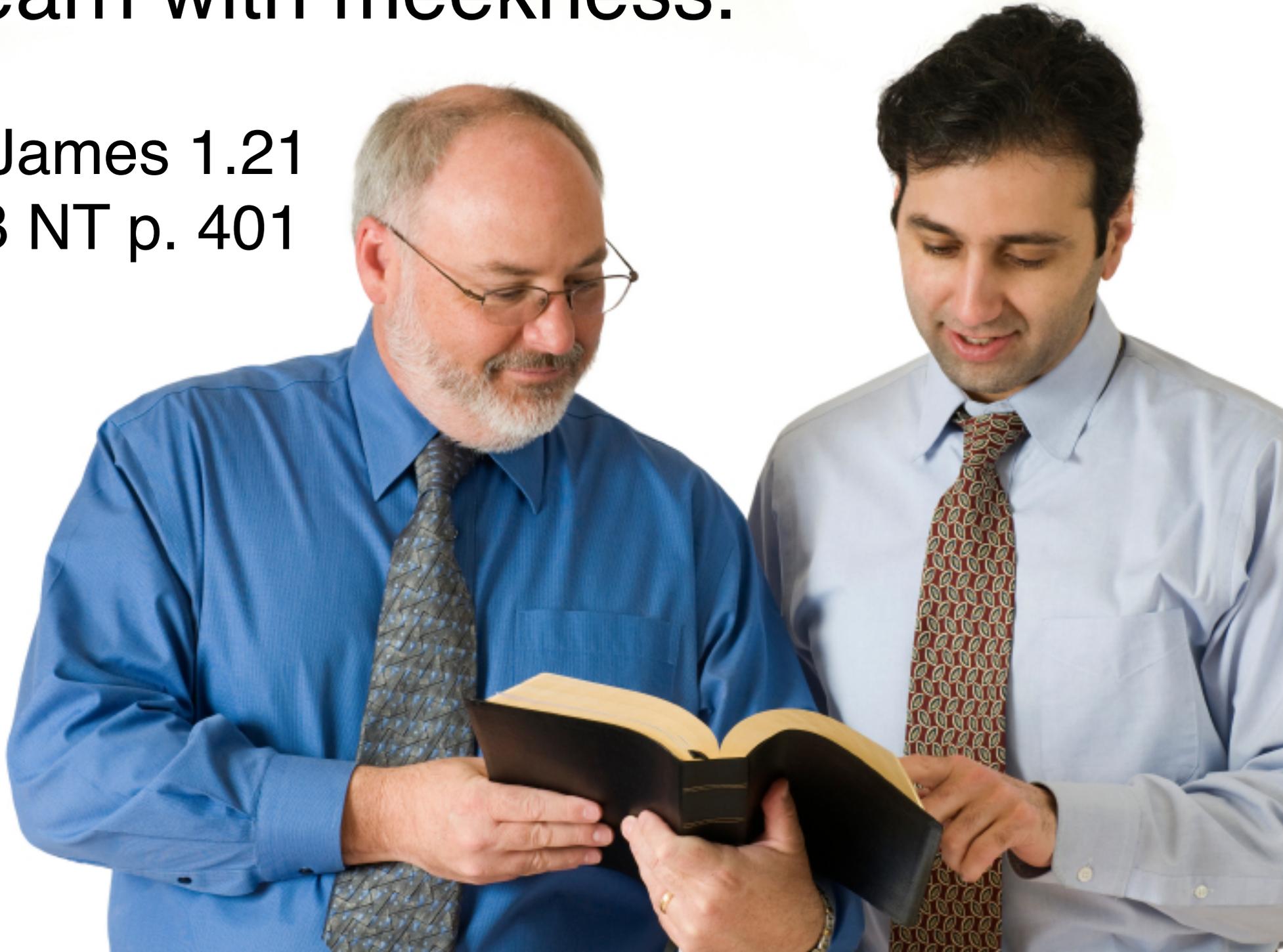
—W. E. Vine

How do I demonstrate
meekness in my life?



Learn with meekness.

—James 1.21
CB NT p. 401



Answer with meekness. — 1 Peter 3.15
CB NT p. 411



Restore with
meekness.

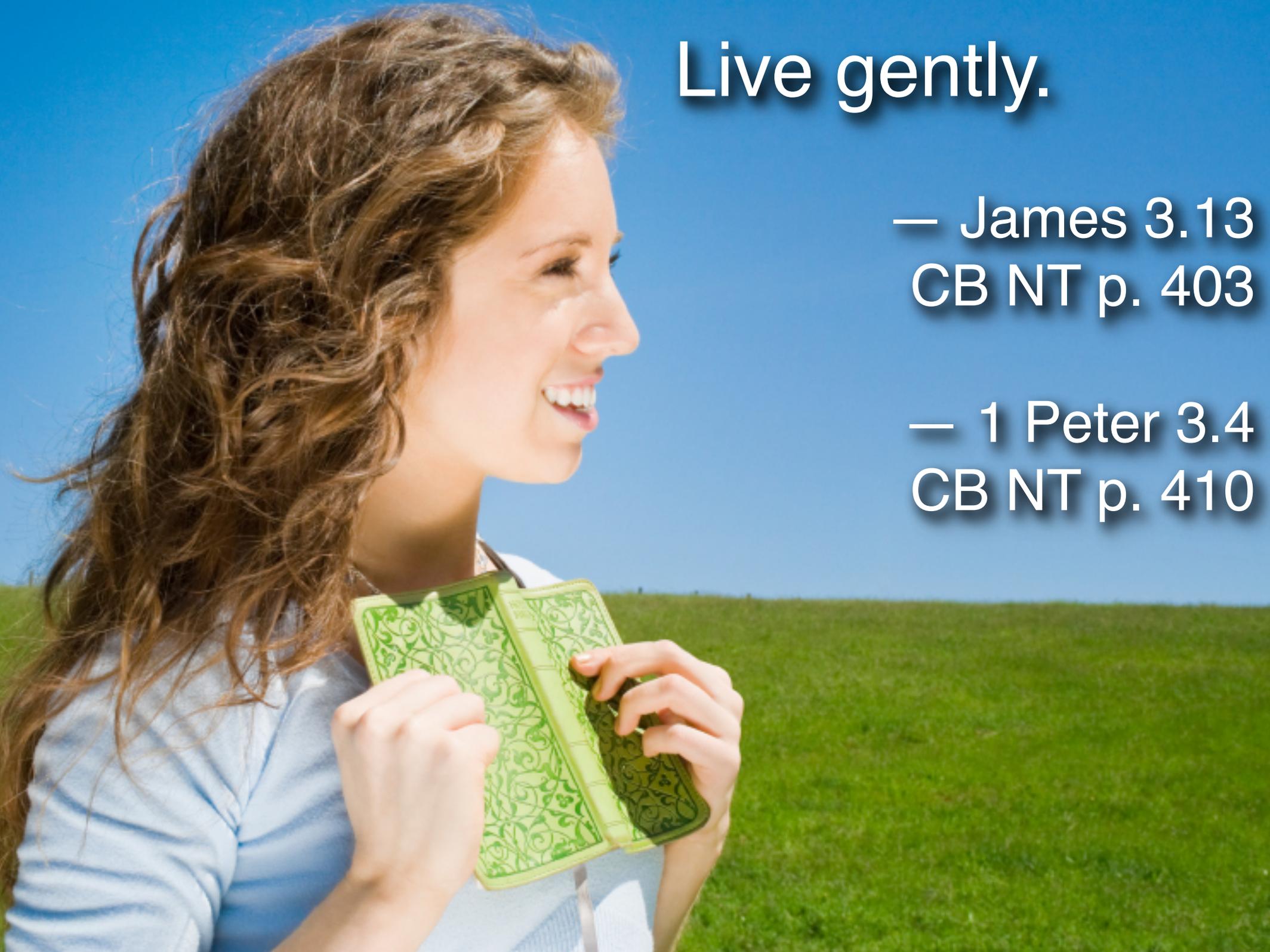
—Galatians 6.1
CB NT p. 334



A woman with long dark hair, wearing a teal shirt and blue jeans, is sitting on a grassy lawn. She is holding an open Bible and pointing to a passage on the left page. A man with short dark hair, wearing a green polo shirt with white stripes on the sleeves, is sitting next to her, also looking at the Bible. The background is a lush green lawn.

Correct with meekness.

—2 Timothy 2.25
CB NT p. 373



Live gently.

— James 3.13
CB NT p. 403

— 1 Peter 3.4
CB NT p. 410

“Blessed are the meek,
for they shall inherit the earth.”

—Matthew 5.5
CB NT p. 6

“Strength under control”



“Strength under control”



**Will today be the
day you decide to
go to heaven?**

Lesson slideshows (with notes)
and audio can be found at:

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The Fruit of the Spirit

#09

Compiled and Presented by:

Dave Stewart

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Las Cruces, NM

www.churchofchristmiranda.com

Gentleness

Synopsis: Gentleness (or meekness) means strength under control. Sadly, it is often mistaken for weakness. But both Moses and Jesus are described as gentle. We demonstrate meekness in our lives by learning, answering, restoring, correcting and living in meekness. (The last portion of this lesson is from *Flesh and Spirit*, by William Barclay.)

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“Let all that you do be done with love.”