



Week 2 | Choice 2:

The Hope Choice: earnestly believe that God exists, that I matter to Him, and that He has the power to help me change.

Matthew 5:4 Blessed are those who

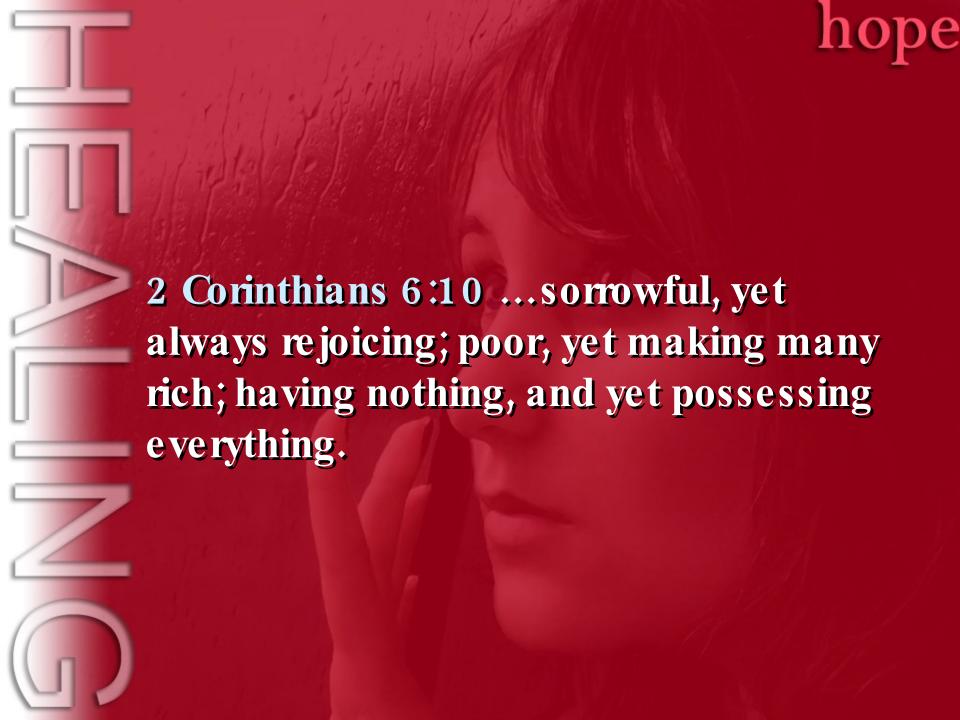
mourn, for they will be comforted.



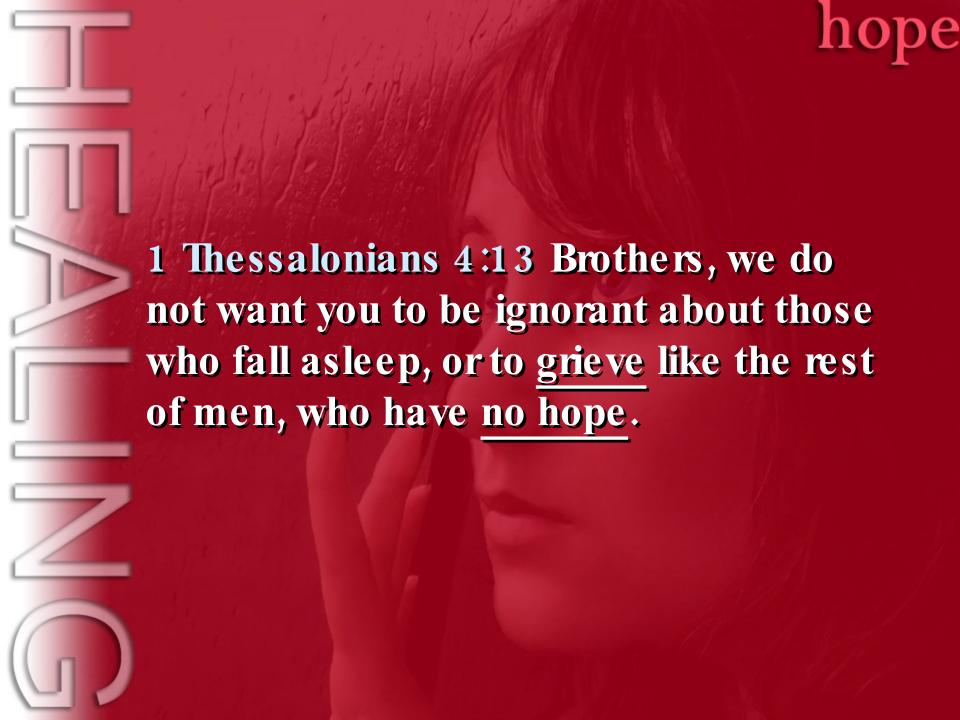




Romans 12:15 Rejoice with those who rejoice. Weep with those who weep.









hope

Psalm 51:16-17 You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.



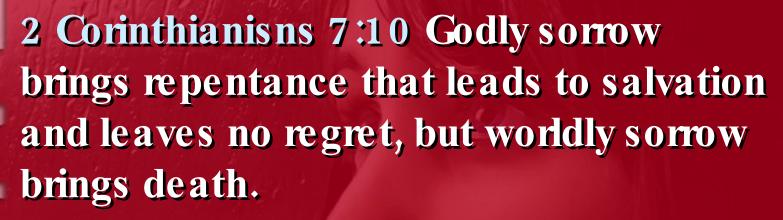


Matthew 27:5 So Judas threw the money into the temple and left. Then he went away and hanged himself.

2 Cor. 7:10 Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.







"Brings repentance"

"Leads to salvation"

"Leaves no regret"



Sources of Comfort

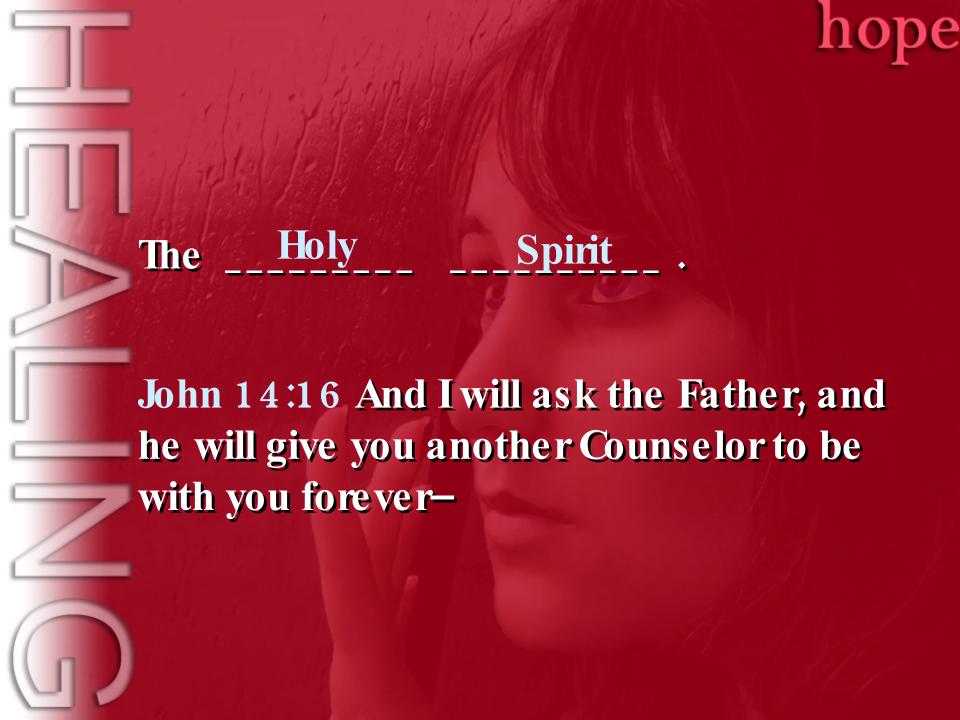
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God





1 Samuel 30:6 David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the Lord his God.



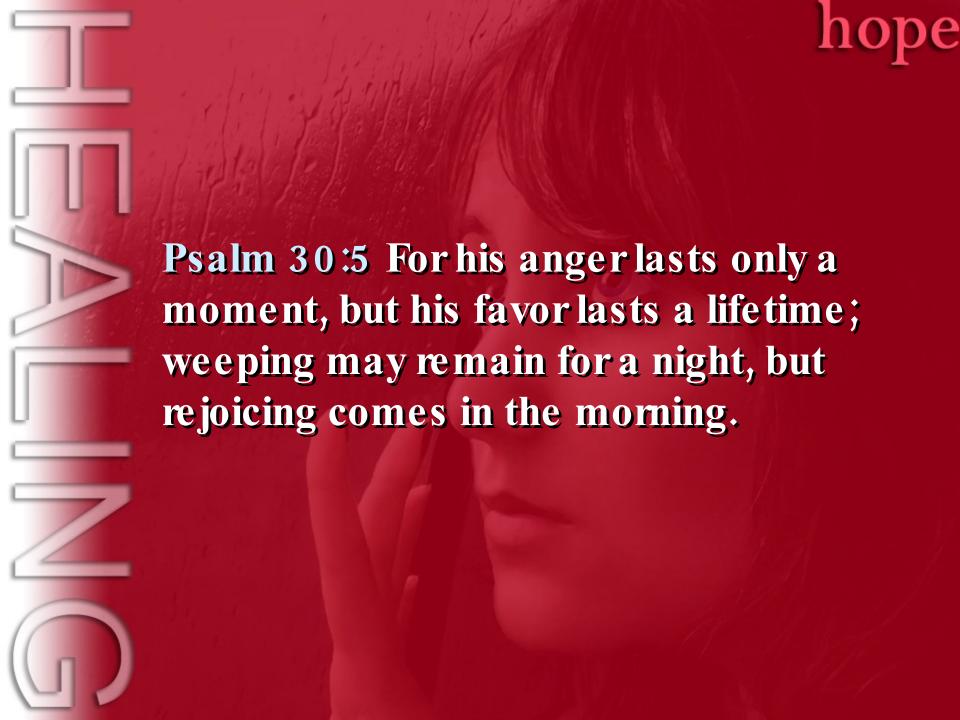




The Both/And Principle

Psalms 126:5 Those who sow in tears will reap with songs of joy.







The Either/Or Principle

Matthew 8:12 'But the subjects of the kingdom will be thrown outside, into the darkness, where there will be weeping and gnashing of teeth."



