Peace Be With You

Adapted from the book by Henry Drummond under the same title.

- What is the best sleep you've ever had? Can you describe how it was really good for you?
- Here we are not only to describe rest, or even what a best rest really feels like. What is it? It's How do we get THAT rest?
- The searching for this rest that we have known once, or wish to know more often, has had many moments of bewilderment and discouragement. Why doesn't the rest come? Why doesn't the peace come?

- To some of us the Christian experiences seem farther away than when we took the first steps in the Christian Life.
 - Life did not open up like we hoped it would.
 - You may not regret your religion, but you ARE disappointed WITH it.
 - Occasionally you may feel moments of refreshing from a song, a kind word, but with our normal experiences, they aren't grasped for the long run.

- All this points to a religion without a solid base. A poor and fading life.
 - This means a great bankruptcy in those feelings which give Christianity it's personal solace and make it attractive to the world. It is as if we knew everything about health... except the way to get it.
- The difficulty does not lie in the fact that men are not wanting or willing to work.
 - It is not more heat that is needed, but more light. Not more force, but a wiser direction to be given to very real energies already there.

"If the axe is dull and he (the cutter) does not sharpen its edge, then he must exert more strength. Wisdom has the advantage of giving success."

- Ecclesiastes 10:10

Wisdom from Above

- Pure
- Gentle
- Open to Reason
- ► Full of Mercy
- Full of Good Fruits
- Without Uncertainty
- Without Insincerity
- Producing a Harvest of Righteousness A Good Life

The Other Kind

- Is marked by
 - Bitter Jealousy
 - Selfish Ambition
 - Boasting
 - Being False to the Truth
- Is being
 - Earthly
 - Unspiritual
 - Devilish
 - Producing Disorder and Every Vile Practice

Galatians 5:19-22

- Now the works of the flesh are plain: immorality, impurity licentiousness, idolatry, sorcery, enmity, strive, jealousy, anger, selfishness, dis sension, party spirit, envy, drunkenness, carousing, and the like.
- The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self -control.

Truth in Labeling Watch out for your rationalizations

- Others have prejudices, but we have convictions.
- Others are conceited, but in me it's self-respect.
- Others are social-climbing snobs, but with me it's just trying to get ahead.
- If you are unyielding about your views of Scripture, that's just plain stubbornness; but in me, it's contending for the faith.
- When you spend time on your personal appearance, it's vanity; in me, it's just making the most of my God-given assets.
- In you, it's impatience; while in me, it's "have you noticed how annoying everyone is?"
- In you, it's touchiness; but in me, it's sensitivity.
- In you, it's self-righteousness; while in me it's amply justified, because I really am right.
- In you, it's worry; in me, concern.
- In you, it's self-justification; but in me it's just explaining my position.
- In you, it's a bad temper; while I "blew my stack" because they had it coming and I couldn't let them get away with it.

Various Forms and Expressions of SELF

- Self-approbation
- Self-justification
- Self-indulgence
- Self-pleasing
- Self-reliance
- Self-effort

- Self-centeredness
- Self-righteousness
- Self-pity
- Self-protectiveness
- Self-assertiveness
- Self-confidence

Effects Require Causes

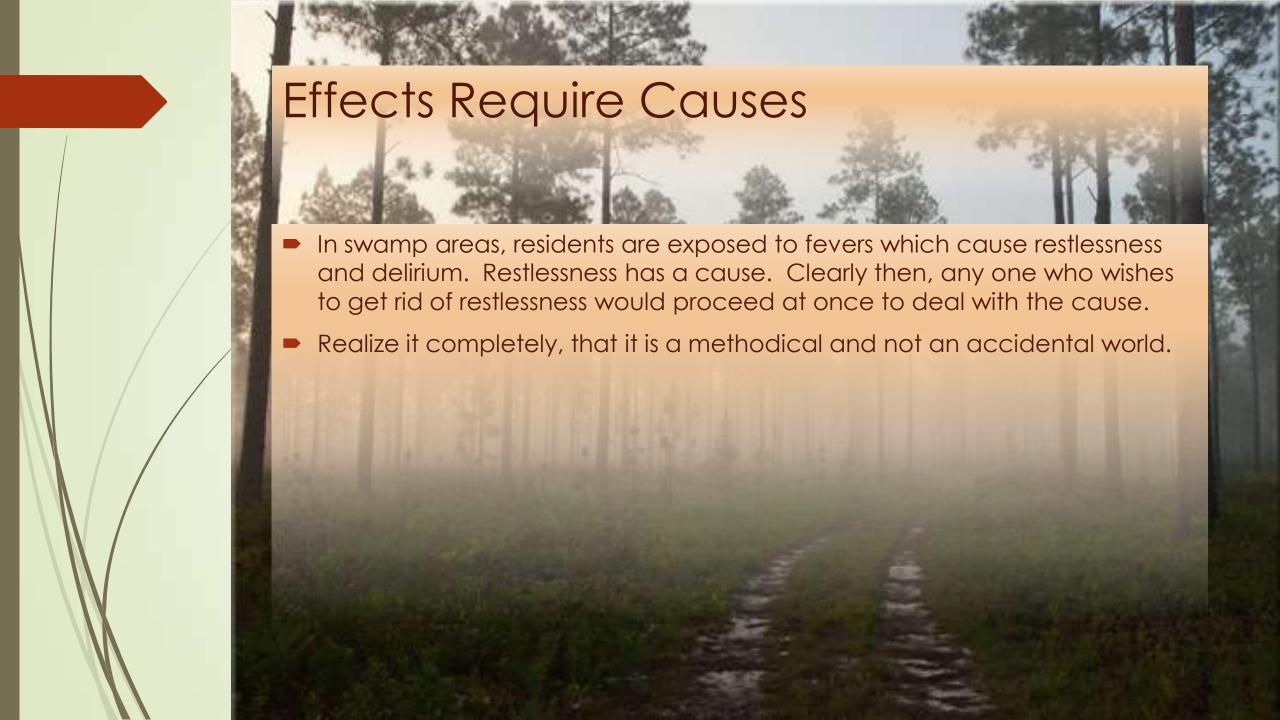
- Nothing that happens in this world, happens by chance.
- God is a God of order. Everything is arranged upon definite principles, and never at random.
- Religious world, personal character, happiness, even Christian experiences are governed by laws.

Effects Require Causes

- Men, forgetting that things are run by laws, expect Rest, Joy, Peace, and Faith to drop into their souls from the air like snow or rain. But they do not do so.
- Rain and snow do drop from the air, but not without having a long previous history. They are the mature effects of former causes.
- Equally so are Rest and Peace and Joy.

Effects Require Causes understanding this in the spiritual world

- Realize it throroughly: it is a methodical not an accidental world.
- Now what I mainly wish to do is to help you firmly to grasp this simple principle of Cause and Effect in the spiritual world.
- Tonight we will just deal with the experience of rest.



Effects Require Causes understanding this in the spiritual world

- If restlessness has a cause, then doesn't this apply to rest as well!
- If this was not true, then the world would be simply chance, but it is not.
- Rest will come in the Christian life, however it is not casual, it is causal.

Matthew 11:28

Come to me, all who labor and are heavy laden, and I will give you rest.

Effects Require Causes

- Jesus does not give us his rest.
- ■He gives us the recipe for his rest.
- ▶ (1) It was not in His plan to make it for us.
- (2) Men were not so planned that it could be made for them.
- (3) It was a thousand times better that they should make it for themselves.

Effects require Causes

- If Rest was a gift, then the best one to give it would be Jesus Christ himself. Let's finish the section where Jesus says "Come to me, all who labor and are heavy laden, and I will give you rest."
- Come to me, all who labor and are heavy laden, and I will give you rest.
 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

Effects Require Causes

The nature of this slow process Christ clearly defines when he says we are to achieve Rest by learning. "Learn of Me," He says, "and ye shall find Rest to your souls."

Who thought that learning would bring rest? But this is the way of God through Jesus.

Meekness and Lowliness

- What is that which if duly learned will bring to the soul of man Rest?
- Christ answers without the least hesitation. He specifies two things Gentleness (Meekness) and Lowliness. "Learn of Me," He says "for I am meek and lowly in heart." Now to these two accomplishments Rest is attached.
- Learn these two accomplishment, in short, and you have already found Rest. These are direct causes of Rest, which will produce it at once.

Chief cause of Unrest?

- If you know yourself, you will answer Pride, Selfishness, Ambition.
- Great trials come at lengthened intervals, and we rise to approach them. It is the petty friction of our every day life with one another, the jar of business or of work, the discord of the family, the collapse of our ambition, the crossing of our will or the taking down of our conceit, which make inward peace impossible. Wounded vanity, disappointed hopes, unsatisfied selfishness, these are the old, vulgar, universal sources of man's unrest.

Effects require Causes

- Christianity is to teach men the Art of Life.
- The Christian Life is not to be mistaken as a bed of roses. No educational process if comfortable for those going through it. Jesus went through the Cross so he can bear our pain and burden.
- The Rest that Jesus had, seems like a half truth, since Christ's life outwardly was one of the most troubled lives that was ever lived. On the road to the Cross he would turn

John 14:27

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

Rest – Two Ideas

- Two painters each painted a picture illustrating their conception of rest. The first chose for his scene a still, lone lake among the far-off omuntains. The second threw on his canvas a thundering water-fall, with a fragile birch tree bending over the foam; at the fork of a branch, almost wet with the sprays of rainbows, a robin sat on its nest.
- The first was only Stagnation; the last was Rest. For in Rest there are always two elements tranquility and energy; silence and turbulence; creation and destruction; fearlessness and fearfulness. This it is in Christ.

Rest – Two Ideas

Stagnant



Rest



What Yokes Are For

- "Take My Yoke upon you and learn of Me."
- Why, while professing to give Rest, does He with the next breath whisper burden.
- What is a Yoke for?

What are Yokes For?

When attaching to the oxen in any other way than by a yoke, the ploughing of the ground would be intolerable. Work by means of a yoke, it is light.

A yoke is not an instrument of torture, it is an instrument of mercy.

What Yokes Are For?

- Christ saw that men took life painfully. To some it was a weariness, to others a failure, to many a tragedy, to all a struggle and a pain. How to carry this burden of life had been the whole world's problem.
 - And here is Christ's solution
 - "Carry it as I do. Take life as I take it. Look at it from My point of view. Interpret it upon My principles. Take My yoke and learn of Me, and you will find it easy. For My yoke is easy, works easily, and therefore My burden is light.
- There is no suggestion here that religion will absolve any man from bearing burdens.

Psalm 23



The Lord is my shepherd; I shall not want.

He makes me lie down in green pastures.

He leads me beside still waters. He restores

my soul. He leads me in paths of
righteousness for his name's sake.

Psalm 23



Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalm 23



Prouprepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Matthew 11:28-30

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."