



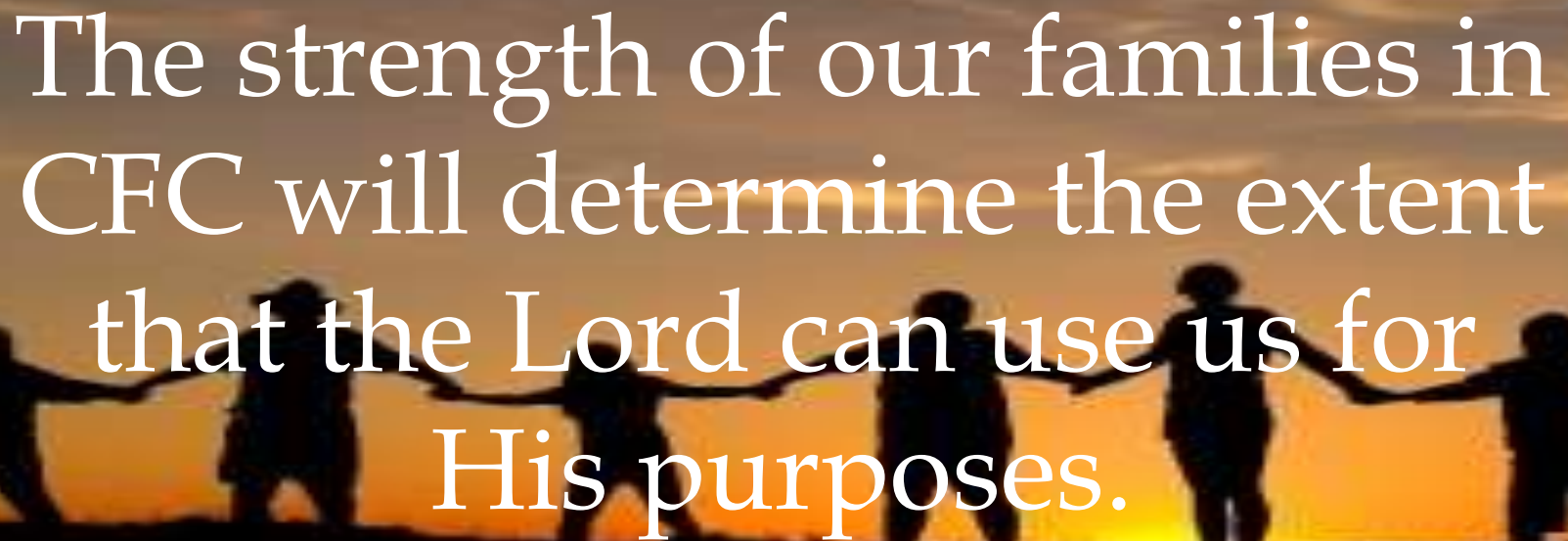
Couples for Christ COVENANT ORIENTATION

Talk No. 3:

STRENGTHENING FAMILY LIFE



CFC is a Christian Family Life Renewal Ministry



The strength of our families in
CFC will determine the extent
that the Lord can use us for
His purposes.



COUPLES FOR CHRIST


The Family is the basic unit of Society:
**The condition of individual families will determine
the condition of society as a whole.**



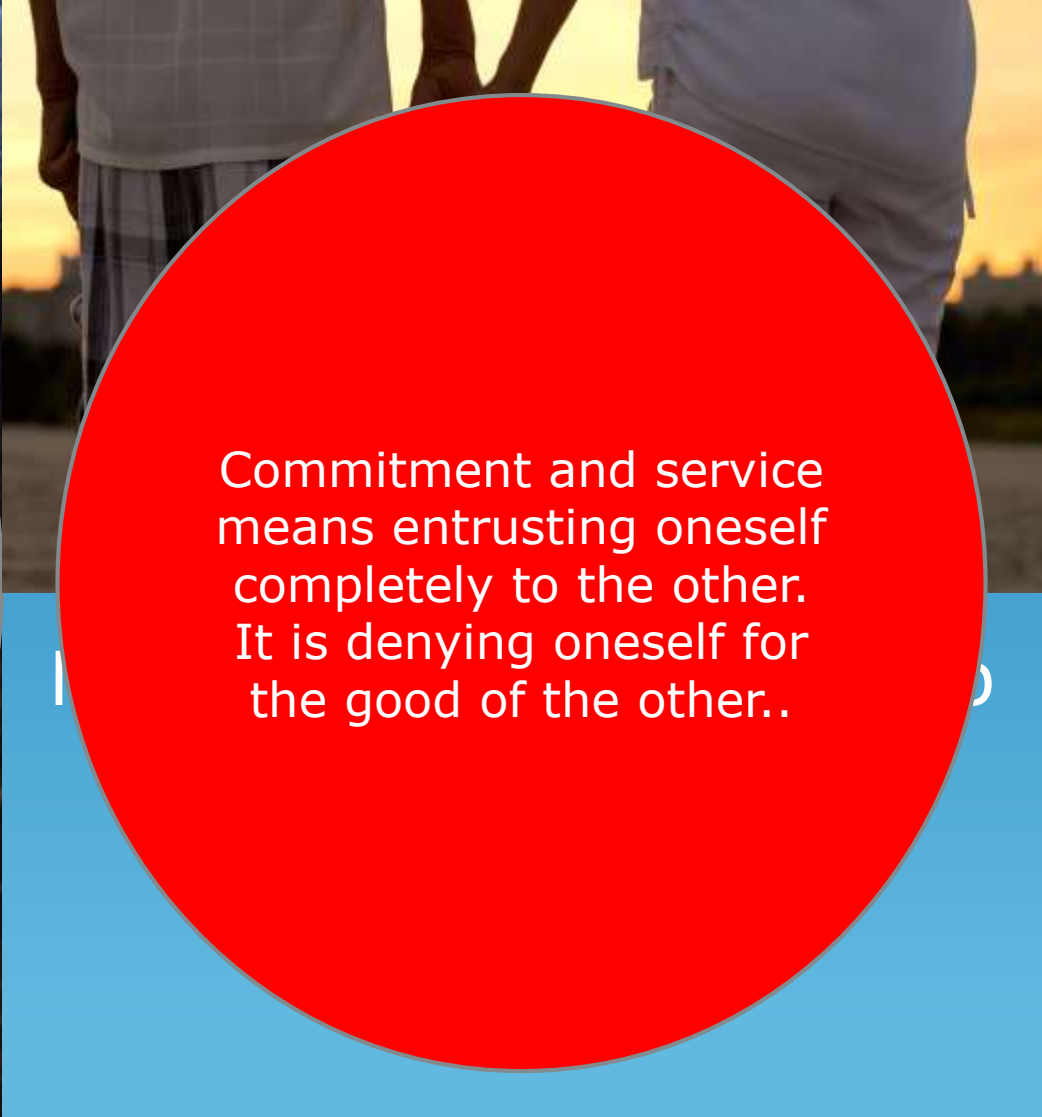
A young girl with brown hair is looking out a window. The window glass is covered in raindrops, and the background outside is blurred. The girl's hand is resting against her face, and she has a thoughtful expression.

What are the
Ways of
Strengthening
Family Life?

Understand better the meaning of our commitment to our spouse in marriage..

A close-up photograph of a man and a woman embracing. The man is on the left, and the woman is on the right, wearing a blue knit top. The background is a bright, slightly blurred outdoor setting.

It is not based merely on emotion, but on covenant fidelity.

A photograph of a couple holding hands. The man is on the left, wearing a white shirt and plaid shorts. The woman is on the right, wearing a white top and light-colored pants. They are standing outdoors with a sunset or sunrise in the background.

Commitment and service means entrusting oneself completely to the other. It is denying oneself for the good of the other..



Bible Verse

Mt. 11:28-30

28 “Come to me, all you who are weary and burdened, and I will give you rest. **29** Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **30** For my yoke is easy and my burden is light.”

Understand better the meaning of our commitment to our spouse in marriage..

During moments of difficulty, we can turn to the Lord that we are first committed to God.

Therefore, our feelings, likes and dislikes, and our will are all subordinated to God's will and plan for us to work. [Mat 11:28-30](#)

OVER EVERYTHING

Live more fully the principles of Christian personal relationships.



The demand of Christians personal relationships is more than just the practice of human virtues. We are called to unconditional love and service.

Mt 44-48

Bible Verse

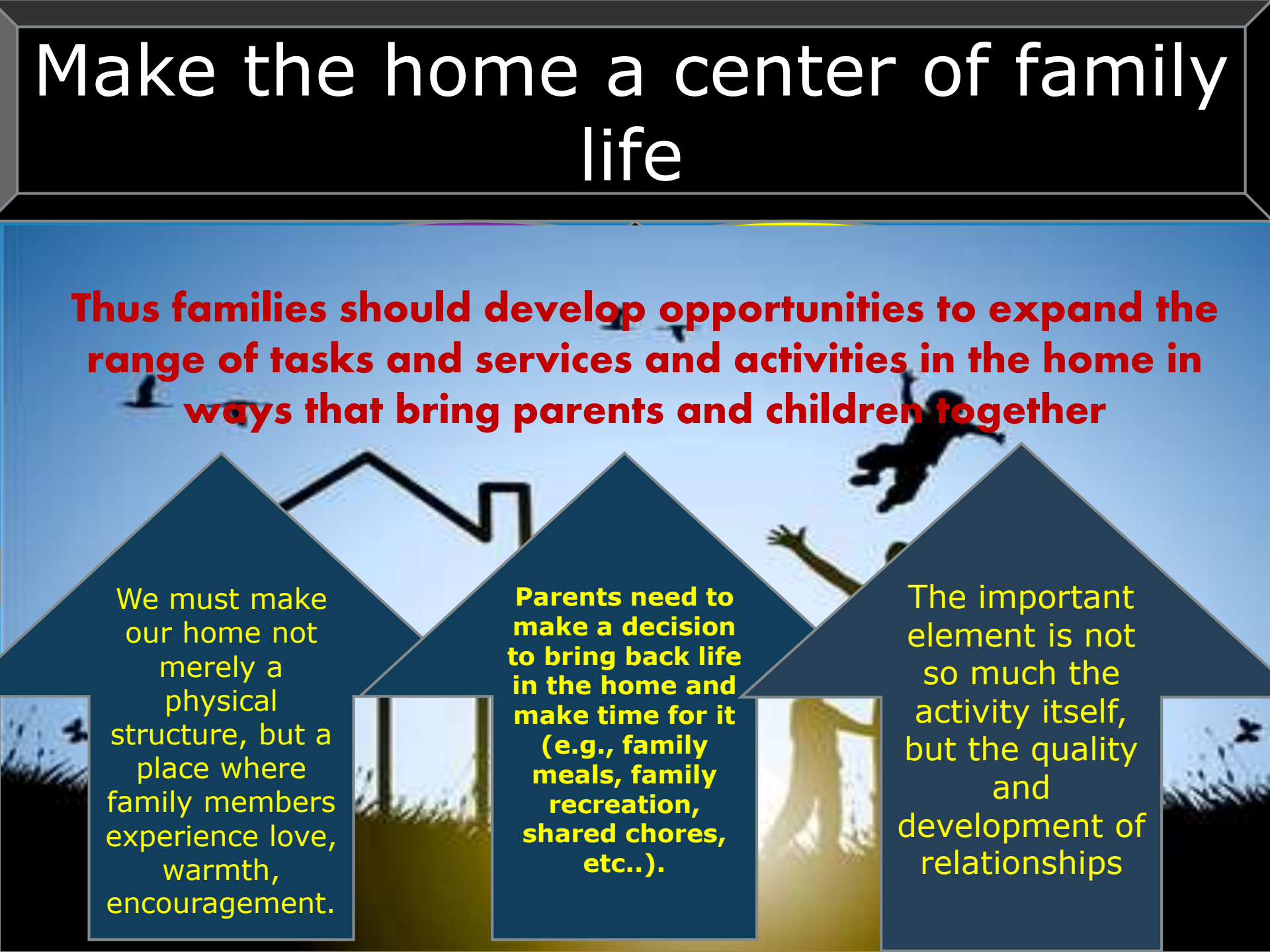
Mt. 5:44-48



44 But I tell you, love your enemies and pray for those who persecute you, **45** that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. **46** If you love those who love you, what reward will you get? Are not even the tax collectors doing that? **47** And if you greet only your own people, what are you doing more than others? Do not even pagans do that? **48** Be perfect, therefore, as your heavenly Father is perfect..

Make the home a center of family life

Thus families should develop opportunities to expand the range of tasks and services and activities in the home in ways that bring parents and children together



We must make our home not merely a physical structure, but a place where family members experience love, warmth, encouragement.

Parents need to make a decision to bring back life in the home and make time for it (e.g., family meals, family recreation, shared chores, etc.).

The important element is not so much the activity itself, but the quality and development of relationships

Interact with Christian families.



COUPLES FOR CHRIST



CFC SERVANTS OF THE LORD



CFC *Handmaids of the Lord*



CFC SINGLES FOR CHRIST



CFC YOUTH FOR CHRIST



CFC KIDS FOR CHRIST

we know we do not stand alone in our desire to strengthen
Christian family living..

Exercise greater control over the family use of media and of time

Given also the scarcity of time together, we must set priorities and control our time accordingly

- ❑ Parents and children should not get overly involved in their own respective activities that they no longer have quality family time together.

- ❑ We also need to be creative in developing family recreation. Our purpose here would be entertainment, relaxation, fun, camaraderie, training and development for family members.

Develop Christian peer environments for young people.

We should strive to get our children into our family ministries

- They will develop strong supportive relationships with their own peers
- We will have a real alternative to the often intensely secular peer environments that are not Christian in orientation.
- They will be tied intimately into the life of the larger body (CFC).

Age-peer environments are important.

- Peer groups are a powerful force in the lives of young people
- We do not seek to avoid these, but to redirect them



Become pastors of our children.

Parents must work actively to train and form their children in Christian faith and character



The ultimate goal of raising and training our children is not to make them what we want them to be, but to help them fulfill their God-given destiny

Bible Verse

Deut 6:20-25



²⁰ In the future, when your son asks you, “What is the meaning of the stipulations, decrees and laws the LORD our God has commanded you?” ²¹ tell him: “We were slaves of Pharaoh in Egypt, but the LORD brought us out of Egypt with a mighty hand. ²² Before our eyes the LORD sent signs and wonders—great and terrible—on Egypt and Pharaoh and his whole household. ²³ But he brought us out from there to bring us in and give us the land he promised on oath to our ancestors. ²⁴ The LORD commanded us to obey all these decrees and to fear the LORD our God, so that we might always prosper and be kept alive, as is the case today. ²⁵ And if we are careful to obey all this law before the LORD our God, as he has commanded us, that will be our righteousness.” ■

Whatever you ask for in prayer,
you will receive if you believe.

-Matthew 21:22



Prayer is essential
Personal as well as
family prayer

Conclusion

Pope John Paul II in *Familiaris Consortio*: "The future of humanity passes by way of the family"

We need to strengthen Christian family life, in order to defend God's creation, and to renew the face of the earth



**Thank you and GOD Bless!
From Lacerna Family**











Thank you and God Bless!