My delight is in the law of the Lord. In Your law I meditate day and night.



Meditate day and night.

Meditate day and night.

Meditate day and night.



I shall be like a tree planted by the rivers of water, that brings forth its fruit in its season.

My leaf shall not whither and whatever I do shall prosper.



Kiss the Son, lest He be angry...

Blessed are all those who
put their trust in him.



But You, O Lord, are a shield for me, I lay down and slept; I awoke, for the Lord sustained me.

Meditate within your heart on your bed Be still...

Be still...

Be still...

I will lie down in peace, and sleep. Oh Lord,

You make me dwell in safety.





In the morning, O LORD, you hear my voice; in the morning I lay my requests

before you and wait in expectation.

I am worn out from groaning; all night long I flood my bed with weeping and drench my couch with tears.



The LORD has heard my cry for mercy; the LORD accepts my prayer.



O LORD my God, if I have done this and there is guilt on my hands...

O righteous God, who searches minds and hearts,

My shield is God Most High, who saves the upright in heart.



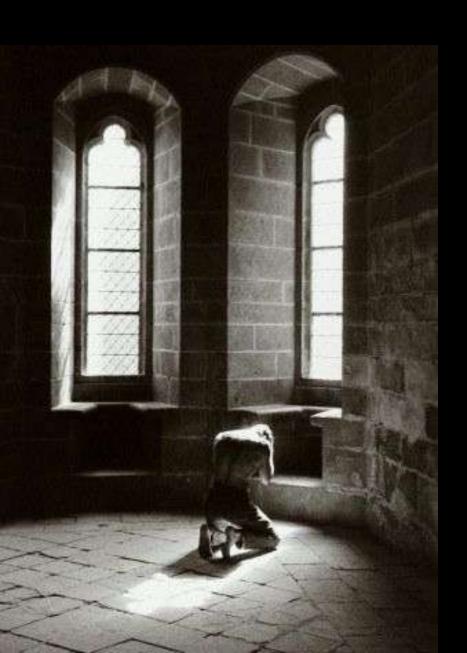
O LORD, our Lord, how majestic is your name in all the earth!

I will praise you, O LORD, with all my heart;
I will tell of all your wonders.
I will be glad and rejoice in you;
I will sing praise to your name, O Most High.





You, O God, do see trouble and grief; you consider it to take it in hand.
The victim commits himself to you; you are the helper of the fatherless.



The LORD is in his holy temple; the LORD is on his heavenly throne. He observes the sons of men; his eyes examine them.

For the LORD is righteous, he loves justice; upright men will see his face.

"Because of the oppression of the weak and the groaning of the needy, "I will now arise," says the LORD. "I will protect them from those who malign them."



Selah

How long, O LORD? Will you forget me forever?

How long will you hide your face from me? How long must I wrestle with my thoughts?



The fool says in his heart, "There is no God."



LORD, who may dwell in your sanctuary?
Who may live on your holy hill?
He whose walk is blameless
and who does what is righteous.



Keep me safe, O God, for in you I take refuge. I said to the LORD, "You are my Lord; apart from you I have no good thing."



Hear, O LORD, my righteous plea; listen to my cry.

Give ear to my prayer—
it does not rise from deceitful lips.

You probe my heart and examine me at night.





The LORD is my rock, my fortress and my deliverer.

The law of the LORD is perfect, reviving the soul.

The statutes of the LORD are trustworthy, making wise the simple.



May the LORD answer you when you are in distress; may the name of the God of Jacob protect you.

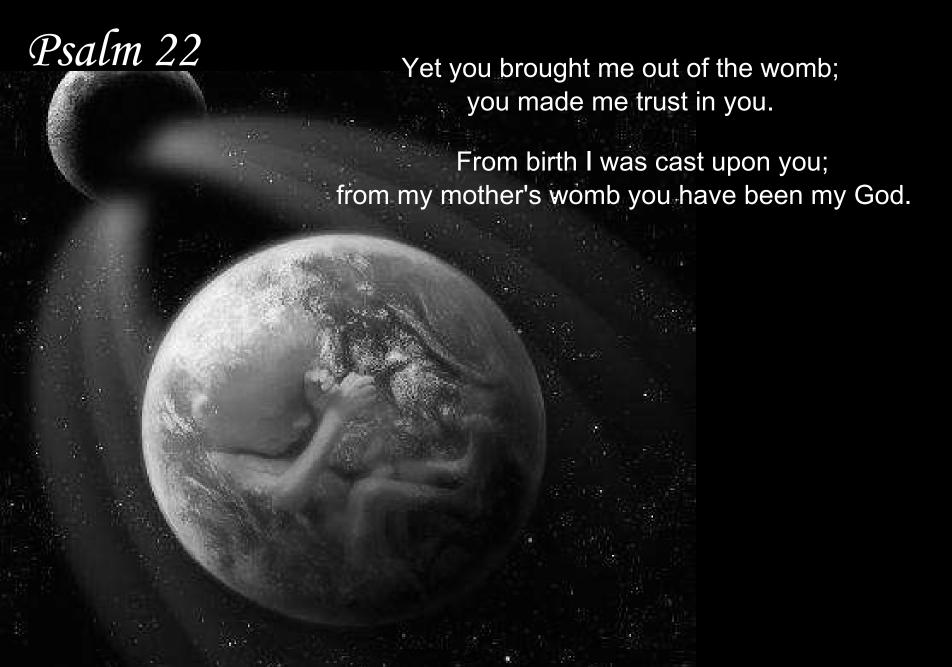
May he send you help from the sanctuary.

May he remember all your sacrifices and accept your burnt offerings.



Be exalted, O LORD, in your strength; we will sing and praise your might.





The LORD is my shepherd... He restores my soul.



Selah

Who is this King of glory?
The LORD strong and mighty...
Who is he, this King of glory?
The LORD Almighty—
he is the King of glory.



Remember not the sins of my youth and my rebellious ways; according to your love remember me, for you are good, O LORD.

Take away my sins

I love the house where you live, O LORD, the place where your glory dwells.



One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life...

For in the day of trouble
he will keep me safe in his dwelling;
he will hide me in the shelter
of His tabernacle
and set me high upon a rock.

To you I call, O LORD my Rock;
do not turn a deaf ear to me.
For if you remain silent,
I will be like those who have gone down to the pit.



The voice of the LORD is over the waters...



I called to you for help and you healed me.





You saw my affliction and knew the anguish of my soul.

For day and night your hand was heavy upon me...

Then I acknowledged my sin to you and did not cover up my iniquity.



and you forgave the guilt of my sin.



We wait in hope for the Lord...



The Lord is close to the brokenhearted and saves those who are crushed in spirit.

My tongue will speak of your righteousness and of your praises all day long.



In Your light we see light.



Be still before the LORD and wait patiently for him.



All my longings lie open before you, O Lord; my sighing is not hidden from you.



You have made my days a mere handbreadth; the span of my years is as nothing before you.

Each man's life is but a breath.



I desire to do your will, O my God; your law is within my heart."



Praise be to the LORD, the God of Israel, from everlasting to everlasting.

Amen and Amen.





Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me.



Send forth your light and your truth,
let them guide me;
let them bring me to your holy mountain
to the place where you dwell.

Awake, O Lord! Why do you sleep? Rouse yourself! Do not reject me forever.



I will perpetuate your memory through all generations; therefore the nations will praise you for ever and ever.





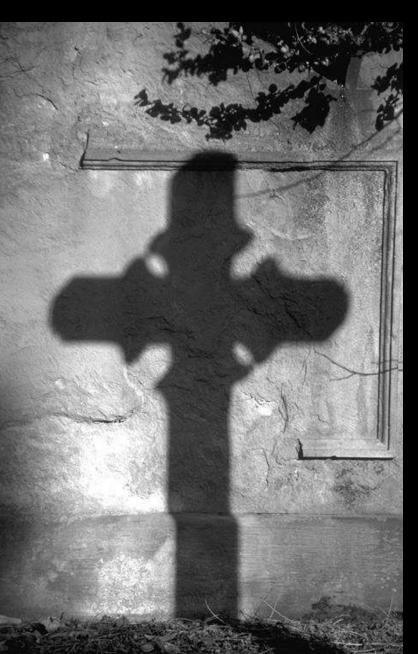
God is our refuge and strength, an ever-present help in trouble.



Sing praises to God, sing praises; sing praises to our King, sing praises.



Within your temple, O God, we meditate on your unfailing love.



God will redeem my life from the grave; he will surely take me to himself.

The heavens proclaim his righteousness for God himself is judge.





Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.

Wash away all my iniquity and cleanse me from my sin.

Cleanse me...wash me, and I will be whiter than snow.



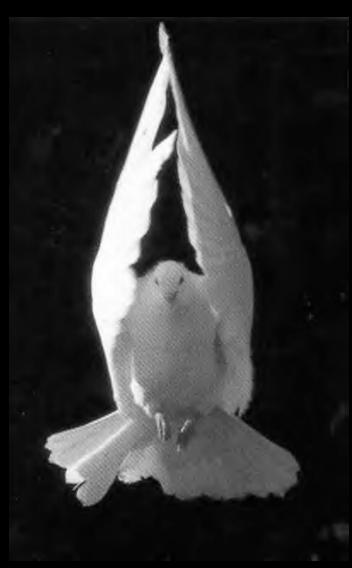
Your tongue plots destruction;
it is like a sharpened razor,
you who practice deceit.
You love evil rather than good,
falsehood rather than speaking the truth.

God looks down from heaven on the sons of men to see if there are any who understand, any who seek God.



Surely God is my help; the Lord is the one who sustains me.





My thoughts trouble me and I am distraught.

My heart is in anguish within me.

I said, "Oh, that I had the wings of a dove!

I would fly away and be at restI would flee far away and stay in the desert".



I am under vows to you, O God;

I will present my thank offerings to you.

Awake, my soul!



Surely the righteous still are rewarded; surely there is a God who judges the earth.



I will sing of your strength,
in the morning I will sing of your love;
for you are my fortress,
My refuge in times of trouble.



Save us and help us with your right hand, that those you love may be delivered.





From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I.

Find rest, O my soul, in God alone.



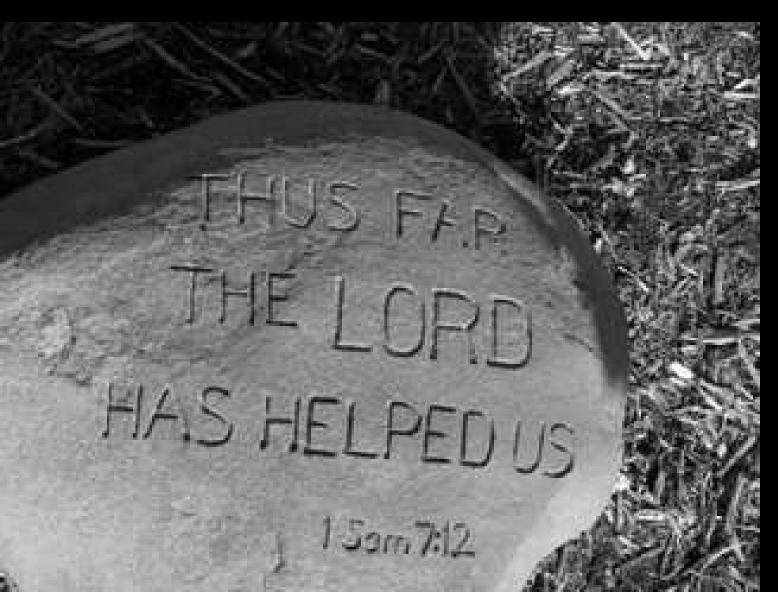
O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water.





All mankind will fear; they will proclaim the works of God and ponder what he has done.

When we were overwhelmed by sins, you forgave our transgressions.



I will come to your temple with burnt offerings and fulfill my vows to you-

vows my lips promised and my mouth spoke

when I was in trouble.



May the peoples praise you, O God; may all the peoples praise you.



Selah



Praise be to the Lord, to God our Savior, who daily bears our burdens.

I have come into the deep waters; the floods engulf me...

Rescue me from the mire, do not let me sink.

Answer me, O LORD, out of the goodness of your love; in your great mercy turn to me.



May all who seek you rejoice and be glad in you; may those who love your salvation always say,

"Let God be exalted!"



As for me, I will always have hope; I will praise you more and more.



For he will deliver the needy who cry out, the afflicted who have no one to help.



My feet had almost slipped;
I had nearly lost my foothold.



The day is yours, and yours also the night; you established the sun and moon.



Selah



You say,
"I choose the appointed time;
it is I who judge uprightly.

Make vows to the LORD your God and fulfill them.

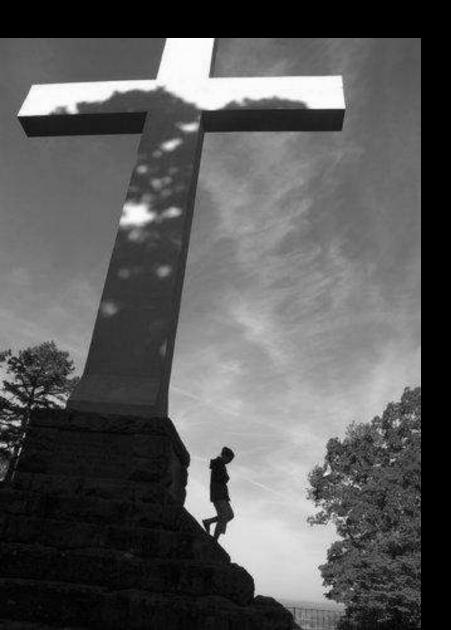


When I was in distress, I sought the Lord; at night I stretched out untiring hands and my soul refused to be comforted.



We will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done.





Help us, O God our Savior, for the glory of your name; deliver us and forgive our sins for your name's sake.



Restore us, O God Almighty; make your face shine upon us, that we may be saved.



Sing for joy to God our strength; shout aloud to the God of Jacob! Begin the music, strike the tambourine, play the melodious harp and lyre.

Defend the cause of the weak and fatherless; maintain the rights of the poor and oppressed.





O God, do not keep silent;

be not quiet,

O God, be not still.

My heart and my flesh cry out for the living God.



Selah

Love and faithfulness meet together; righteousness and peace kiss each other.



Teach me your way, O LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name.



He has set his foundation on the holy mountain...





O LORD, the God who saves me, day and night I cry out before you. Turn your ear to my cry.

For my soul is full of trouble.
I am counted among those
who go down to the pit;
I am like a man without strength.

O LORD God Almighty, who is like you? You are mighty, O LORD, and your faithfulness surrounds you.





Establish the work of our hands for us—yes, establish the work of our hands.





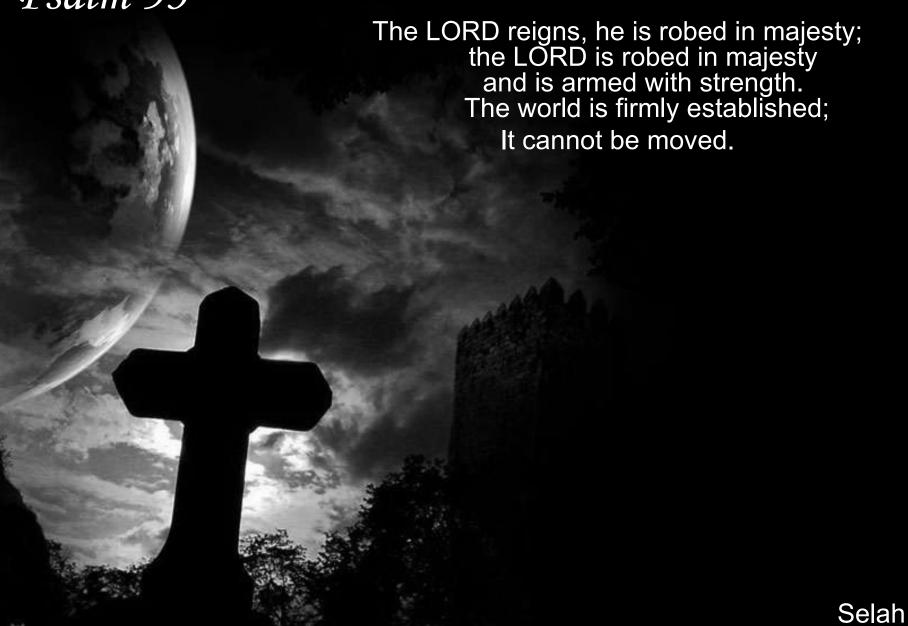
For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.



I sing for joy at the works of your hands. How great are your works, O LORD, how profound your thoughts!



PTZAM



When anxiety was great within me, your consolation brought joy to my soul.



Come, let us bow down in worship, let us kneel before the LORD our Maker.



Worship the LORD in the splendor of his holiness; tremble before him, all the earth.



Selah

The mountains melt like wax before the LORD, before the Lord of all the earth.



Sing to the LORD a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him.





Exalt the LORD our God and worship at his footstool; he is holy.

It is he who made us, and we are his; we are his people, the sheep of his pasture.



Whoever slanders his neighbor in secret, him will I put to silence.





Do not hide your face from me when I am in distress.

Turn your ear to me; when I call, answer me quickly.

Praise the LORD, O my soul, and forget not all his benefits.



May my meditation be pleasing to him.



He opened the rock, and water gushed out; like a river it flowed in the desert.





They were bent on rebellion and wasted away in their sin.

He took note of their distress.

He heard their cry...

and out of his great love...

and out of his great love...

and out of his great love...

he relented.

He stilled the storm to a whisper; the waves of the sea were hushed



I will sing and make music with all my soul.



Selah

O God, whom I praise, do not remain silent.



Selah

You will rule in the midst of your enemies.



The fear of the Lord is the beginning of wisdom.



Selah



Even in the darkness, light dawns for the upright.



He raises the poor from dust and lifts the needy from the ash heap.



He turned the rock into a pool; the hard rock into springs of water.



Not to us, O LORD, not to us but to your name be the glory.

Be at rest once more, O my soul, for the LORD has been good to you.

