

#### Cherish things while you still have them, before they're gone, and you realize how precious they really are.



#### Life can only be understood backwards, but it must be lived forwards.



# Everything in life is temporary. So if things are going good, enjoy it because it won't last forever.



## And if things are going bad, don't worry because it won't last forever either.



## Destiny is not a matter of chance, it is a matter of choice;



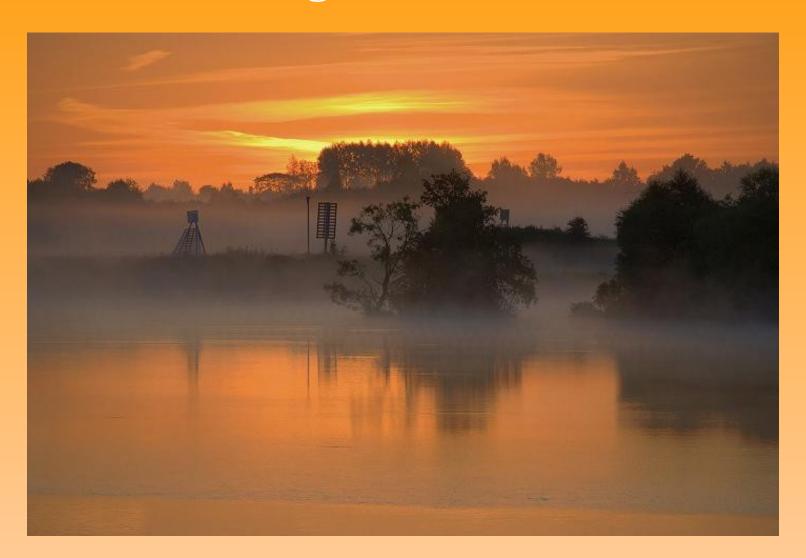
## it is not a thing to be waited for, it is a thing to be achieved.



# A journey of a thousand miles begins with a single step.



# Never cross a bridge without knowing how to swim the tides.



# If you could not add years to your life Add life to your years.



#### May you walk The Road of Wisdom and Compassion

With Metta, Bro. Oh Teik Bin

