



G  MBLING  DDICTI  N.

Gambling addiction



& Gambling addiction (also classified as ludomania) destroys lives. The life of the gambler as well as the lives of those who love him or her



The common symptoms of gambling addictions include :

- ⌘ consistent conversations about gambling,
- ⌘ gambling at odd hours,
- ⌘ peculiar change in lifestyle,
- ⌘ encumbered in a strenuous debt,
- ⌘ focusing exclusively on gambling undermining responsibilities towards self, family members and other near and dear ones



⌘ A stage of gambling addiction comes when they are not even dissuaded by the intermittent losses as they think they can make up the loss by winning in the next games.



- ⌘ The **REPERCUSSIONS** of the gambling addiction include the mental agitation, financial stresses, breakage in the family bonds, their basic profession as well as their character in the society.
- ⌘ Their continually increasing level of debts alongside forces them to partake in gambling routinely



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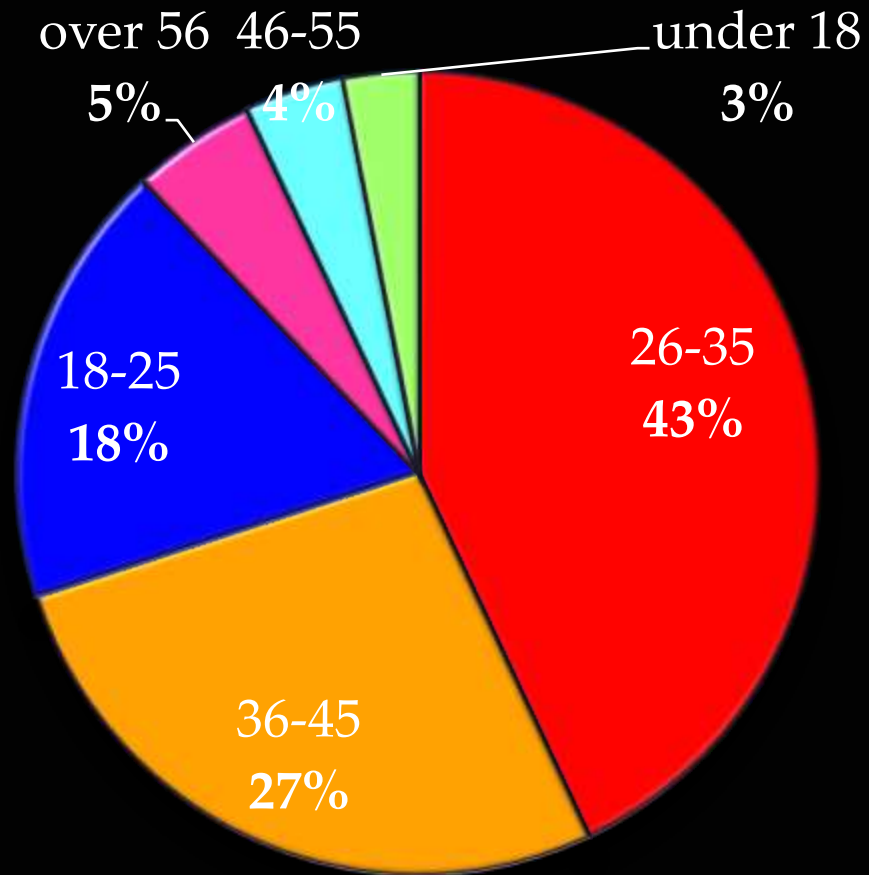
Whether it is internet gambling addiction or physical gambling addiction, the addiction is like AIDS that is not apparently observable in the primary stages, as it does not pose any physical signs, but eventually reveals its hideous form.

INTERNET GAMBLING



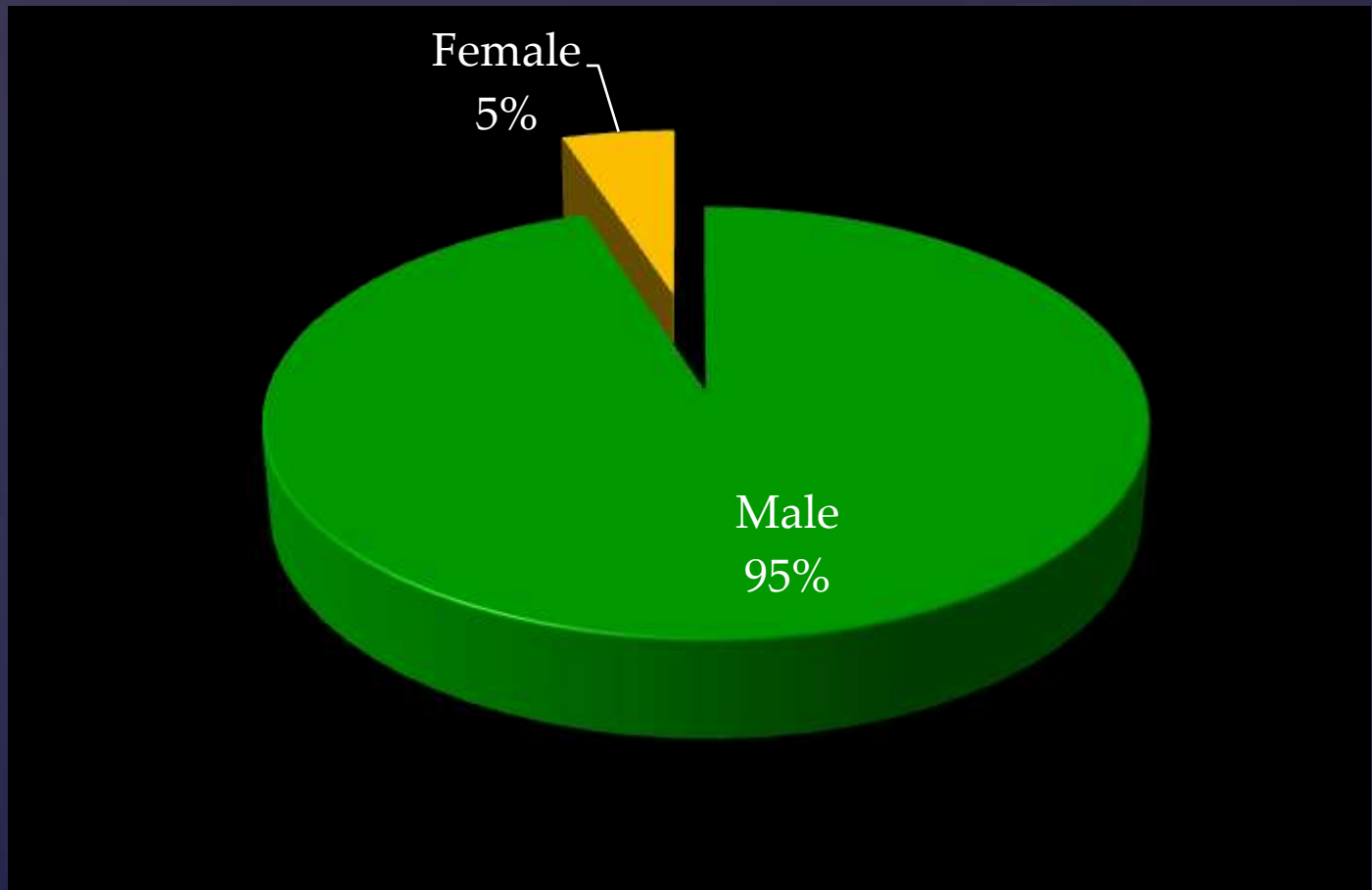
Bet on Sports





AGE OF GAMBLING CLIENTS

GENDER OF GAMBLING CLIENTS



- Gambling addiction has the highest **suicide** rate of all addictions hands down
- When somebody has a gambling problem that goes untreated, things get really bad, and the emotional toll it takes can cause serious gambling related **depression**.
- Many of the gambling related suicides are because of depression and despondency as a result of being unable to stop gambling.



RECOMMENDATIONS FOR GAMBLING ADDICTS:

- Find someone you can trust to talk to about your problem
- Be honest with yourself and others
- Manage your money. If needed ask someone you trust to handle your money for an agreed period
- Try to avoid locations where you gambled, especially when on your own.
- Take one day at a time, and don't expect everything to improve within a day.
- If you feel tempted to gamble, speak to someone to share your feelings.
- Remain positive, even when it gets hard
- Get professional help and support