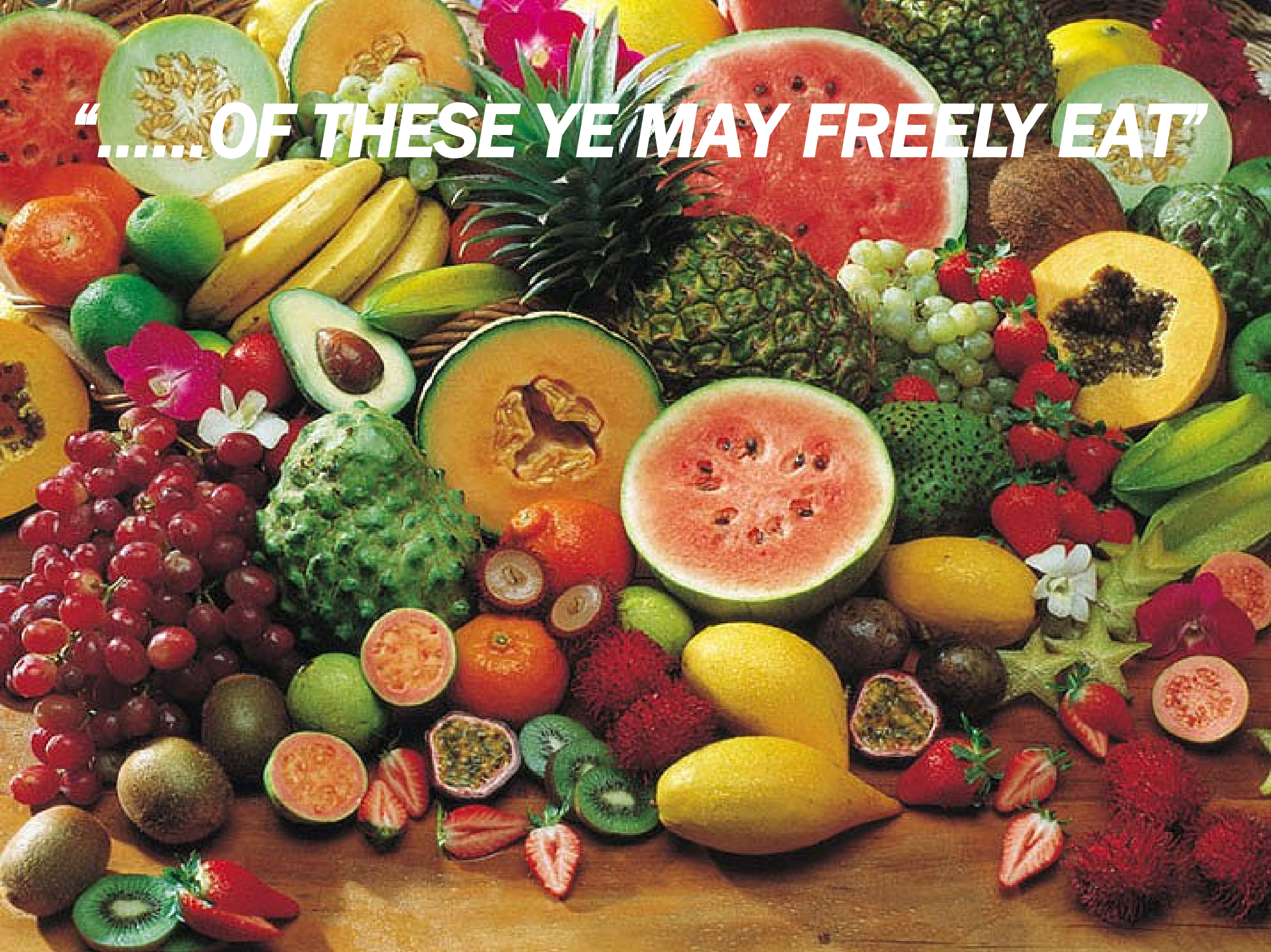


**“.....OF THESE YE MAY FREELY EAT”**



**DISCLAIMER: THE RAW REMNANT IS A GOSPEL MEDICAL  
MISSIONARY MINISTRY. THE INFORMATION CONVEYED IN THIS PRESENTATION  
IS FOR INFORMATIONAL PURPOSES ONLY. THE RAW REMNANT DOES NOT  
DIAGNOSE DISEASE. FOR DIAGNOSIS OF DISEASE SEE A MEDICAL DOCTOR.**

# **THE RAW REMNANT PRESENTS**

**7 DOCTORS AND THE GREAT PHYSICIAN**

**CHRIST'S HEALING PLAN USING LIVE FOODS**

## MISSION STATEMENT:

The Raw Remnant is a Gospel Medical Missionary Ministry that seeks to promote God's Healing Plan Using Live Foods. It is a Bible-based ministry that promotes the Gospel of Jesus Christ as a Gospel of complete and total restoration. The Raw Remnant believes that the whole purpose of the Gospel is to completely restore lost mankind into the image of God that was lost through sin.

This means spiritual, physical, emotional healing as well as Eternal Life. We believe all of this is accomplished through the Grace of Jesus Christ through Faith.

**John 1:1 In the beginning was the Word,  
and the Word was with God,  
and the Word was God.**

**John 1:2 The same was in the beginning with God.**

**John 1:3 All things were made by him; and without him was  
not any thing made that was made.**

## **PURPOSE:**

**2 Peter 1:4** Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the *divine nature*, having escaped the corruption that is in the world through lust.

**2 Corinthians 7:1** Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, *perfecting holiness* in the fear of God.

**1 Corinthians 6:19** What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

**1 Corinthians 3:17** If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.

# APPETITE-MIND CONTROL&THE MEDIA:

THE ENEMY OF SOULS CONTINUES TO SAY THRU THE MIND CONTROL MEDIA

**Genesis 3:4 And the serpent said .....**  
***Ye shall not surely die:***



**JESUS CHRIST SAYS.....1 Corinthians 3:17 If any man defile the**  
**temple of God, him shall God destroy;**  
**for the temple of God is holy, which temple ye are.**

THE QUESTION IS.....

*WHO DO YOU BELIEVE?*





**Jeremiah 46:11 .....**

**in vain shalt thou use many medicines;  
for thou shalt not be cured.....**

**Jeremiah 30:12 For thus saith the LORD,  
Thy bruise is incurable,  
and thy wound is grievous.**

**Jeremiah 30:13 There is none to plead thy cause,  
that thou mayest be bound up:  
*thou hast no healing medicines.***

Psalms 51:17 The sacrifices of God are a broken spirit:  
**a broken and a contrite heart,** O God, thou wilt not despise.

2 Chronicles 7:14 If my people, which are called by my name,  
**shall humble themselves, and pray, and**  
**seek my face, and turn from their wicked ways;**  
**then will I hear from heaven,**  
**and**  
**will forgive their sin, and will heal their land.**

Exodus 15:26 And said, If thou wilt diligently hearken to the voice of the LORD thy God,  
and wilt do that which is right in his sight,  
and wilt give ear to his commandments, and keep all his statutes,  
I will put none of these diseases upon thee, which I have brought upon the Egyptians:  
**for I am the LORD that healeth thee.**

Psalms 105:37 He brought them forth also with silver and gold:  
**and there was not one feeble person among their tribes.**

**Appetite was used by the enemy to cause the curse of sin.....it must be overcome in order to completely overcome the curse of sin.**

**Deuteronomy 8:3 And he humbled thee, and suffered thee to hunger and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the LORD doth man live**

**2 Peter 1:4 Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.**

**1 Corinthians 9:25 And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.**

**1 Corinthians 9:27 But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.**

**A FIGHT LIKE NO OTHER, IT WILL REQUIRE:**

**FAITH: Hebrews 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.**

**DETERMINATION: 1 Corinthians 9:27 But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.**

**PERSEVERANCE: James 1:12 Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.**

# **THE BRIGHT & MORNING STAR WITH HIS TEAM OF 7**

**T – TRUST IN DIVINE POWER -GRACE OF CHRIST**

**R - REST**

**A - AIR**

**T - TEMPERANCE**

**S - SUNSHINE**

**W - WATER**

**E - EXERCISE**

**N - NUTRITION**

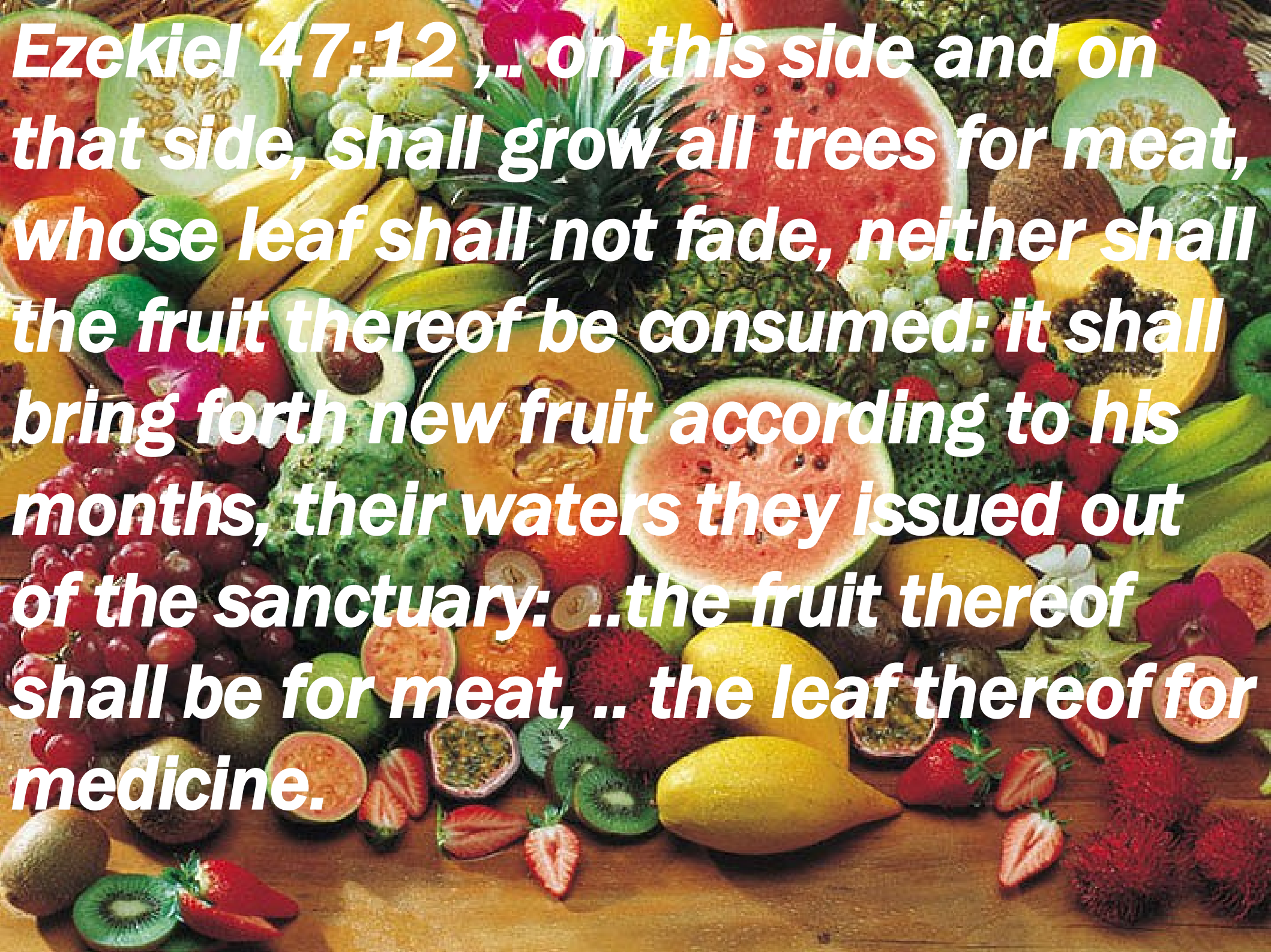
**N-E-W S-T-A-R-T ARE 8 LAWS OF HEALTH**



# ***THE FRUIT-BASED DIET:***

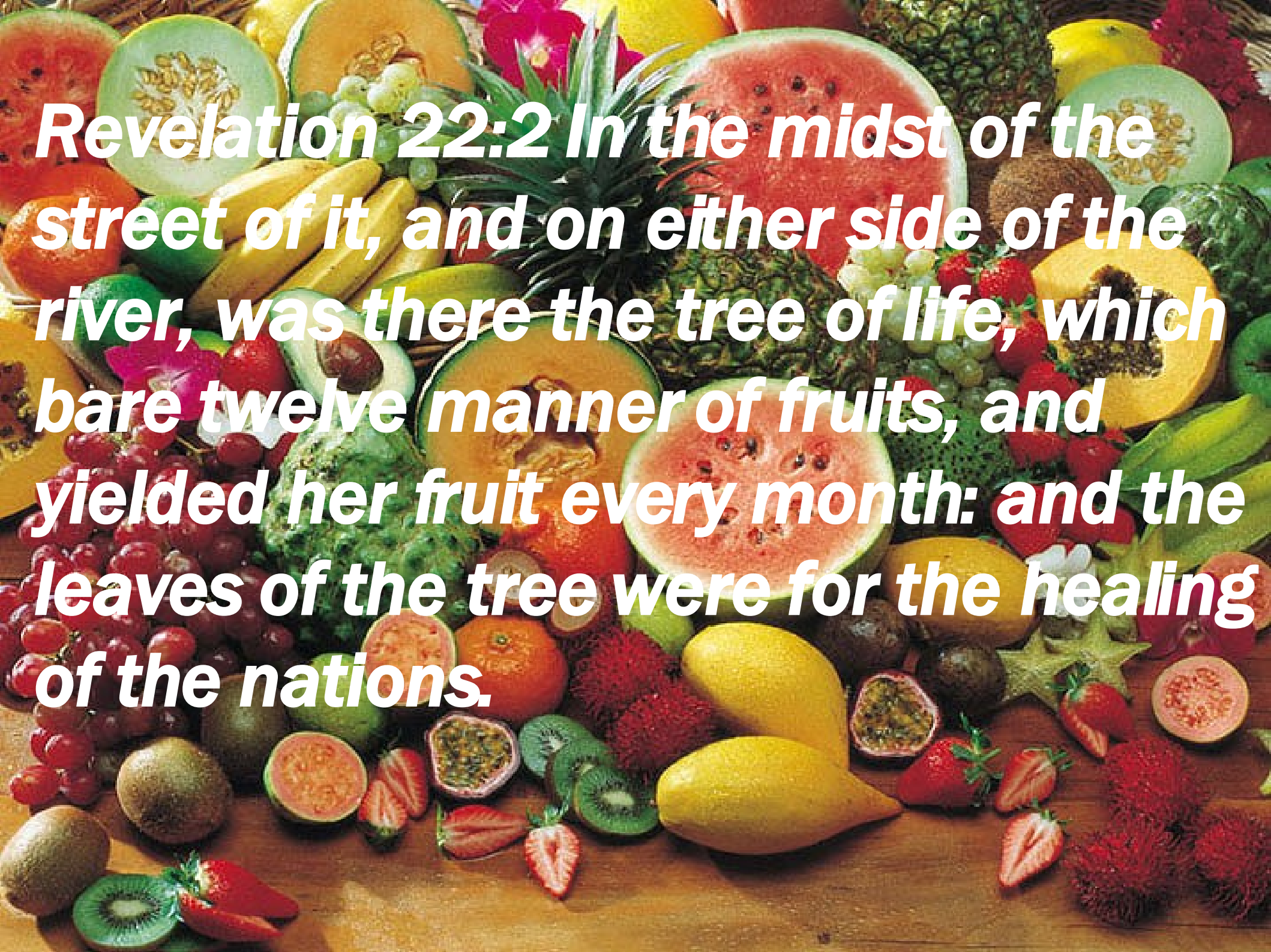
***Genesis 1:29 And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.***



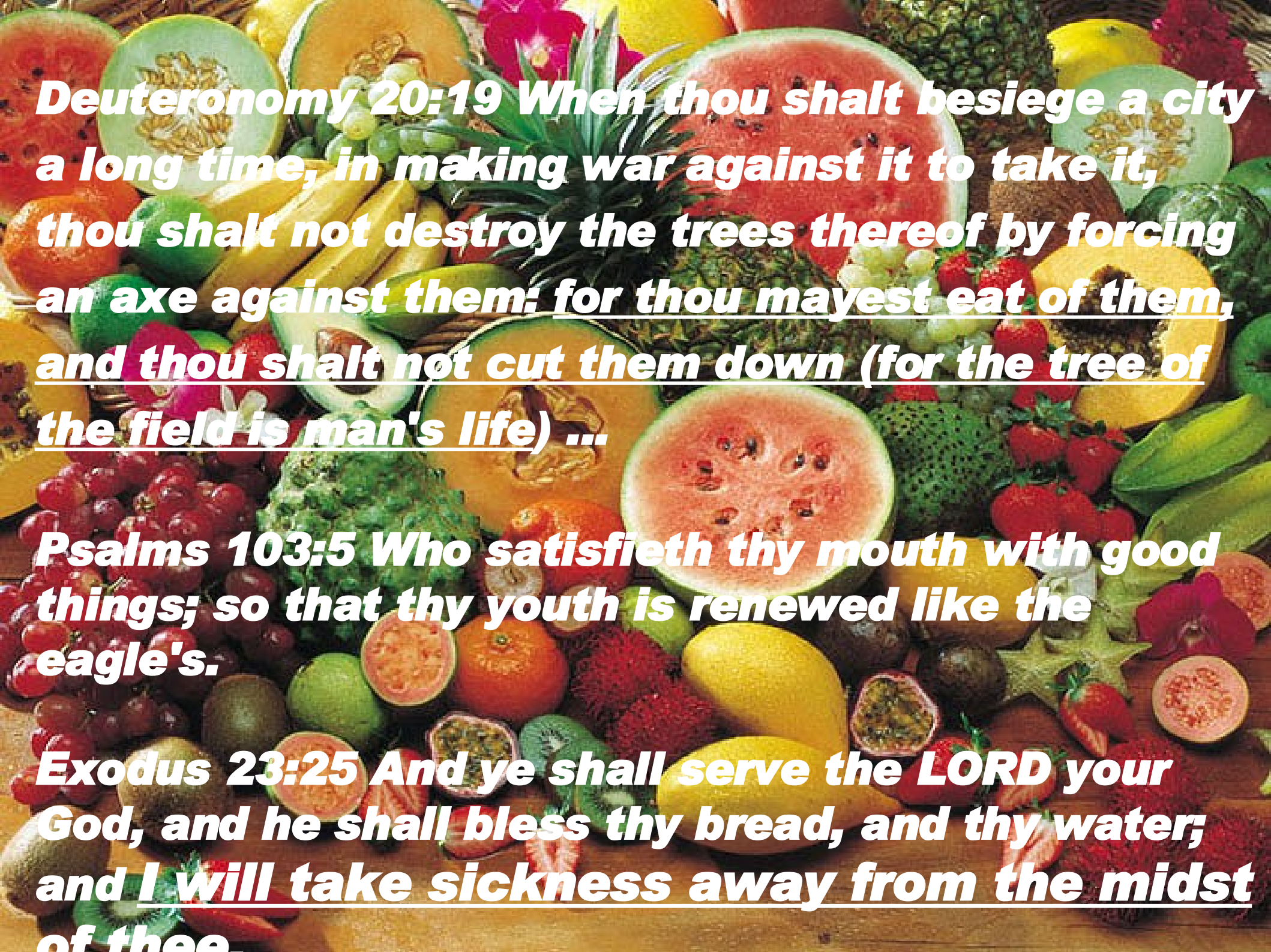


**Ezekiel 47:12 ,... on this side and on that side, shall grow all trees for meat, whose leaf shall not fade, neither shall the fruit thereof be consumed: it shall bring forth new fruit according to his months, their waters they issued out of the sanctuary: ..the fruit thereof shall be for meat, .. the leaf thereof for medicine.**





***Revelation 22:2 In the midst of the street of it, and on either side of the river, was there the tree of life, which bare twelve manner of fruits, and yielded her fruit every month: and the leaves of the tree were for the healing of the nations.***



**Deuteronomy 20:19** *When thou shalt besiege a city a long time, in making war against it to take it, thou shalt not destroy the trees thereof by forcing an axe against them; for thou mayest eat of them, and thou shalt not cut them down (for the tree of the field is man's life) ...*

**Psalms 103:5** *Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.*

**Exodus 23:25** *And ye shall serve the LORD your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee*

**Leviticus 17:11 For the life of the flesh**

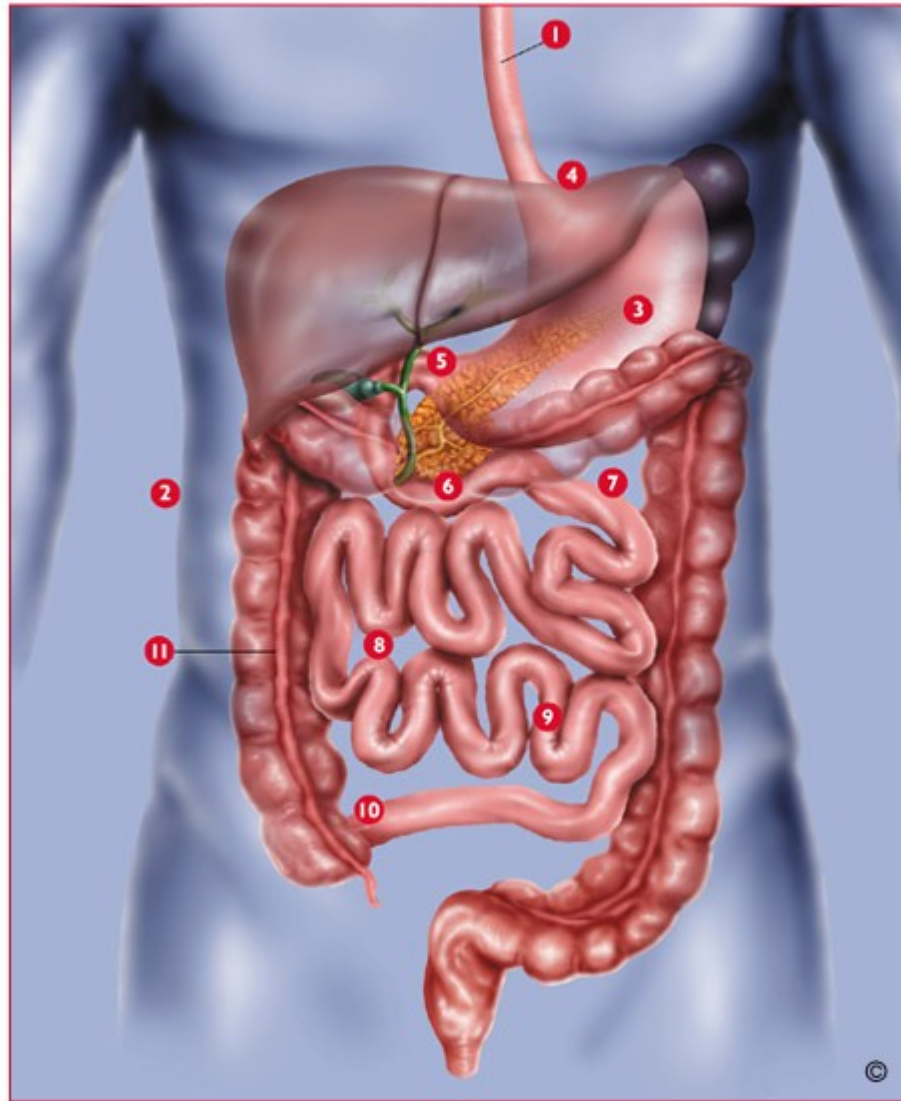
**is in the blood:**

**and I have given it to you upon the altar to  
make an atonement for your souls: for it is**

**the blood that maketh**

**an atonement for the soul.**

## The Human Digestive System





## **FRUIT, VEGETABLES, NUTS AND GRAINS IN THEIR RAW STATE:**

- (1) CONTAIN ENZYMES WHICH MAKES THEM EASIER TO DIGEST AND ASSIMILATE.**
- (2) FRUIT BEGINS TO BREAK DOWN AS SOON AS ITS INTERIOR IS EXPOSED OR EATEN.**
- (3) THE BODY CAN RESERVE MORE OF ITS OWN ENZYMES AND ADD TO ITS BANK OF THEM.**
- (4) THE WHOLE DIGESTIVE PROCESS BECOMES MORE EFFICIENT, LESSENING THE STRESS ON THE REST OF THE BODY.**
- (5) THE MIND BECOMES CLEARER AND SHARPER.**

# **THE 4 P'S OF THE FRUIT-BASED DIET:**

**(1) PRAYER AND FAITH**

**(2) PLANNING**

**(3) PREPARE**

**(4) PROGRESS  
(MOVING PROGRESSIVELY)**

# **WHAT CHANGES/REACTIONS CAN I EXPECT?**

**(1) THE CLEANSING PROCESS CAN CAUSE YOU TO FEEL ILL AT TIMES (DETOXIFICATION).**

**(2) IT CAN ALSO CAUSE HUNGER PAINS THAT ARE REALLY PART OF THE PROCESS.**

**(3) YOU WILL BE BLOATED AND HAVE HEAVY ELIMINATIONS OF WASTE OFTEN.**

**(4) AFTER A TIME (ABOUT 8 WEEKS IN MOST CASES), YOU WILL FEEL A HIGH DEGREE OF**

# How do I begin?

**(1) Pray. Plan and Prepare.**

**(2) Start each meal with fresh fruit Eat freely of it.**

**(3) Seek to make one meal all fruit**

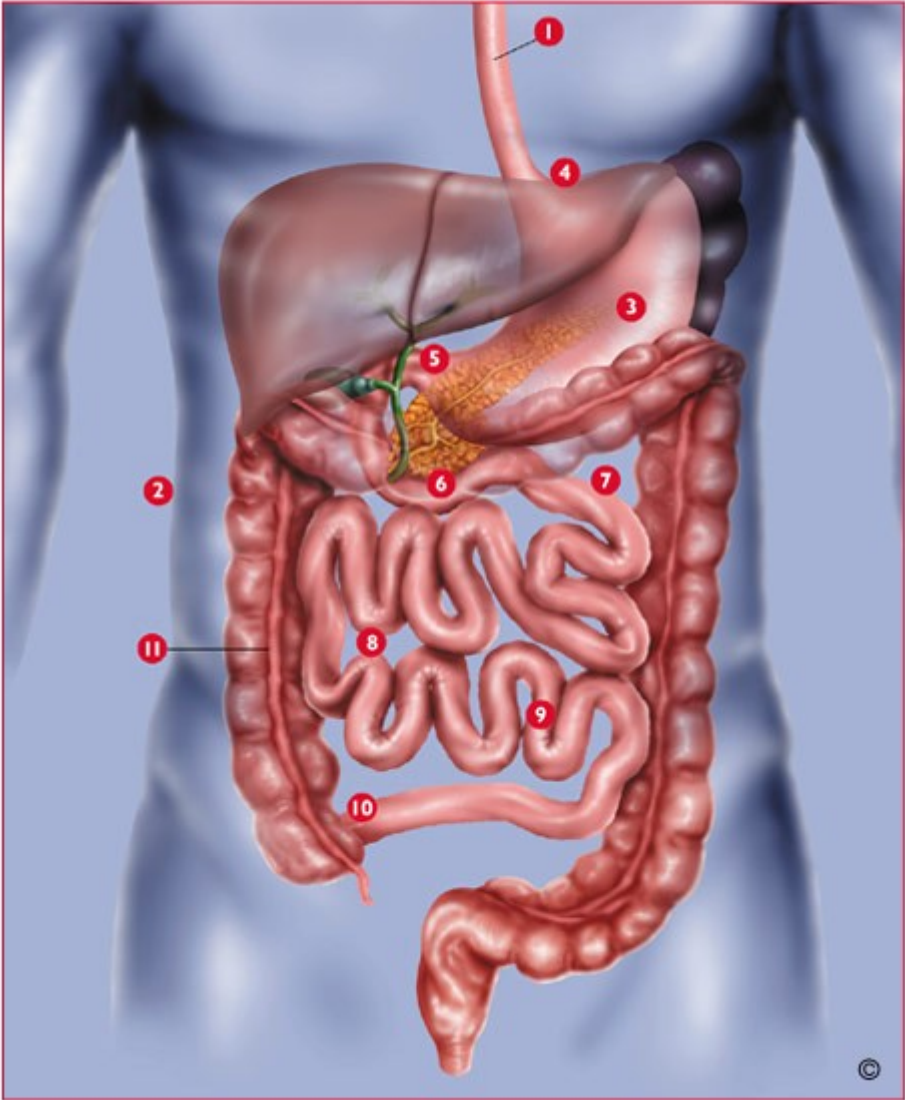
**(4) Eat your heaviest meal prior to 1pm. Include denser fruits like banana, avocado and sprouts**

**(5) Progressively increase the percentage (by weight volume) of fruit while decreasing the percentage of cooked foods.**



# MANY TIMES THE SYSTEM IS CLOGGED WITH OLD WASTE MATERIAL

The Human Digestive System



# **JUICING FOR CLEANSING/DETOXIFICATION**

## **3 TYPES:**

**(1) FRUIT JUICES/SMOOTHIES**

**(2) VEGETABLE JUICES**

**(3) NUT JUICES**

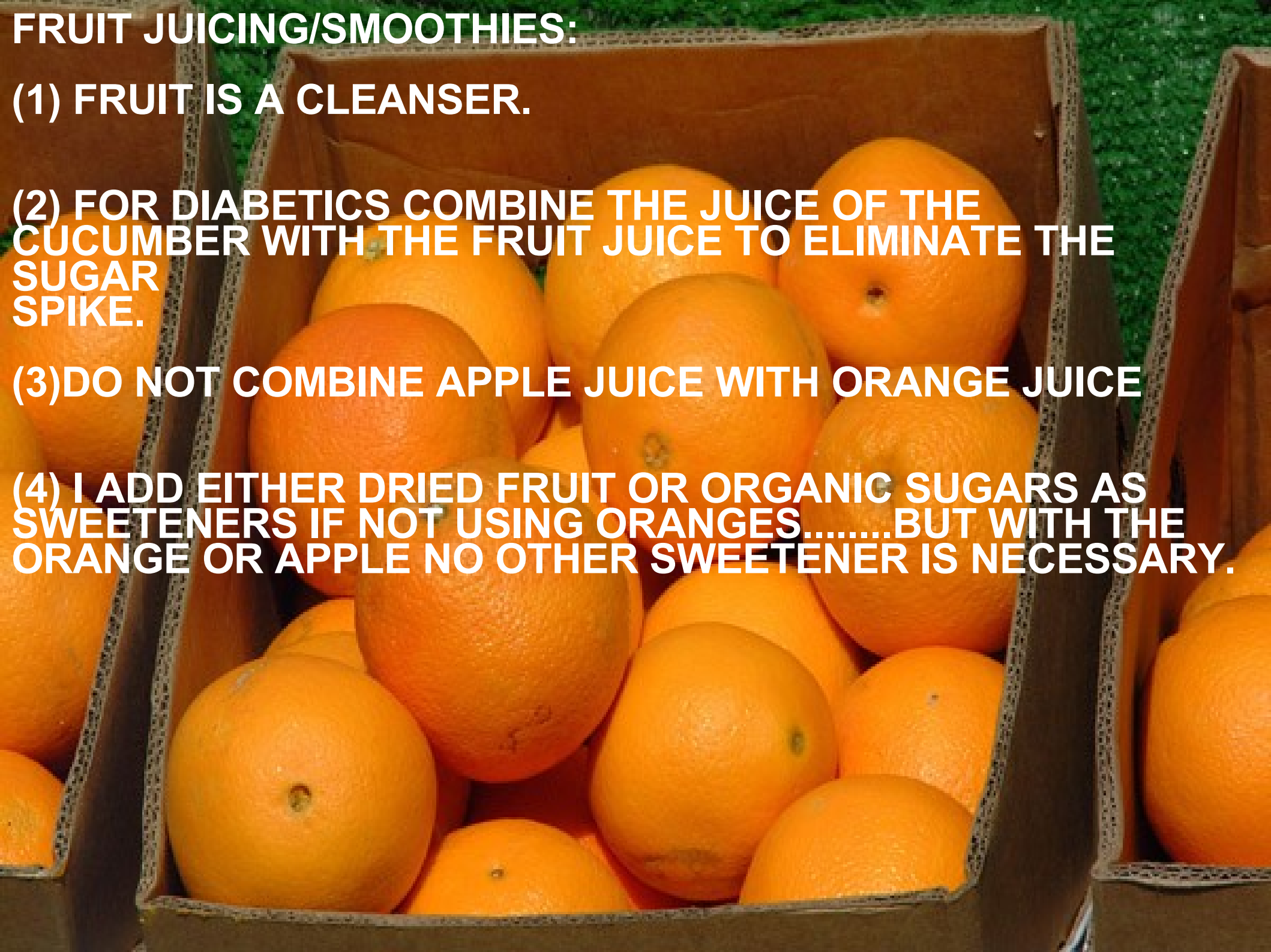
# **FRUIT JUICING/SMOOTHIES:**

**(1) FRUIT IS A CLEANSER.**

**(2) FOR DIABETICS COMBINE THE JUICE OF THE CUCUMBER WITH THE FRUIT JUICE TO ELIMINATE THE SUGAR SPIKE.**

**(3) DO NOT COMBINE APPLE JUICE WITH ORANGE JUICE**

**(4) I ADD EITHER DRIED FRUIT OR ORGANIC SUGARS AS SWEETENERS IF NOT USING ORANGES.....BUT WITH THE ORANGE OR APPLE NO OTHER SWEETENER IS NECESSARY.**

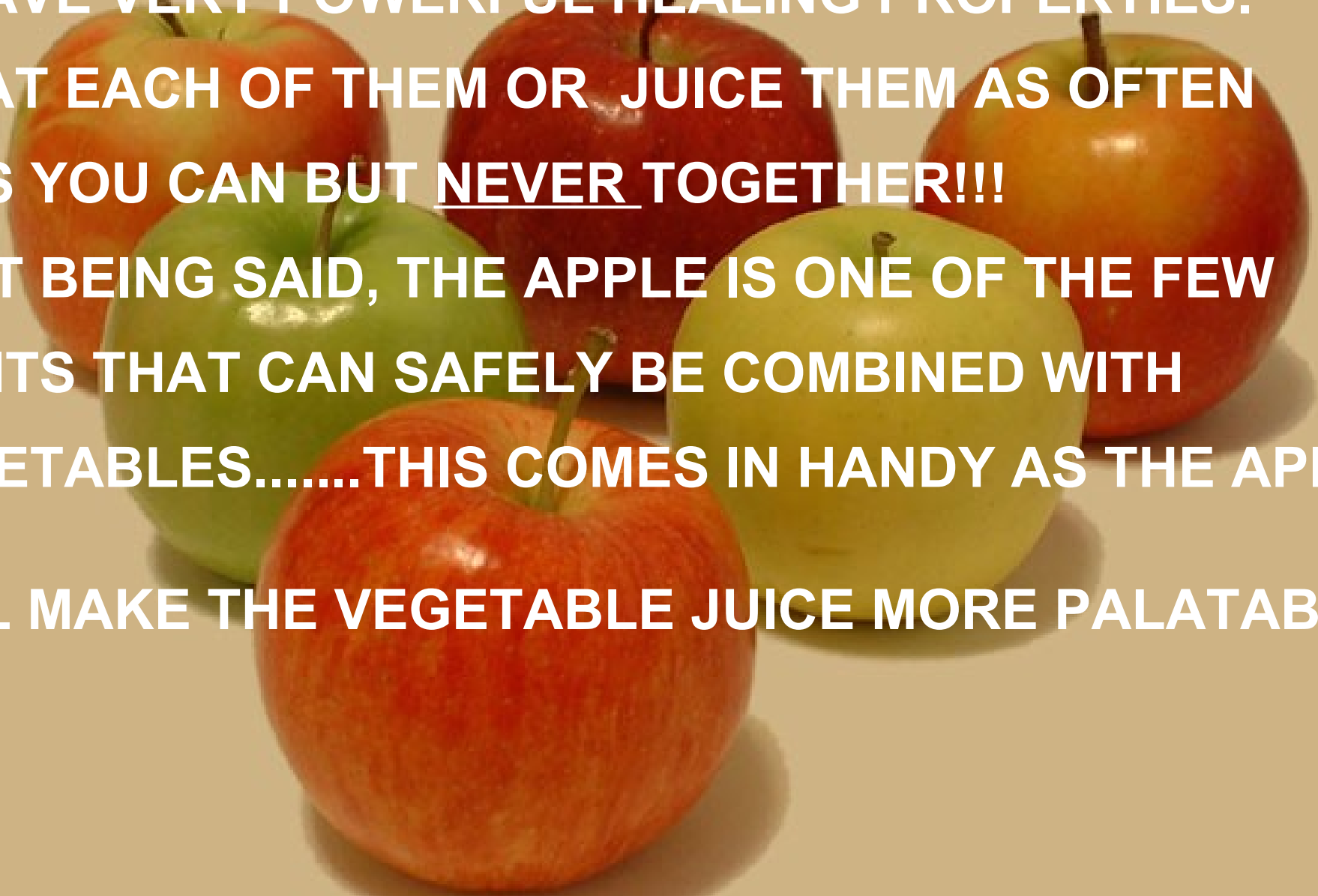


**BANANAS ARE EXCELLENT FOR SMOOTHIES  
THEY ARE ABUNDANT AND READILY AVAILABLE  
IN MOST AREAS. COMBINE THEM WITH OTHER  
FRUIT AND WATER FOR A DELICIOUS SHAKE!**



APPLES AND ORANGES ARE FRUIT THAT BOTH  
HAVE VERY POWERFUL HEALING PROPERTIES.  
EAT EACH OF THEM OR JUICE THEM AS OFTEN  
AS YOU CAN BUT NEVER TOGETHER!!!

THAT BEING SAID, THE APPLE IS ONE OF THE FEW  
FRUITS THAT CAN SAFELY BE COMBINED WITH  
VEGETABLES.....THIS COMES IN HANDY AS THE APPLE  
WILL MAKE THE VEGETABLE JUICE MORE PALATABLE.



## **VEGETABLE JUICING:**

**(1) EXCELLENT MEDICINE FOR THOSE VERY SICK.**

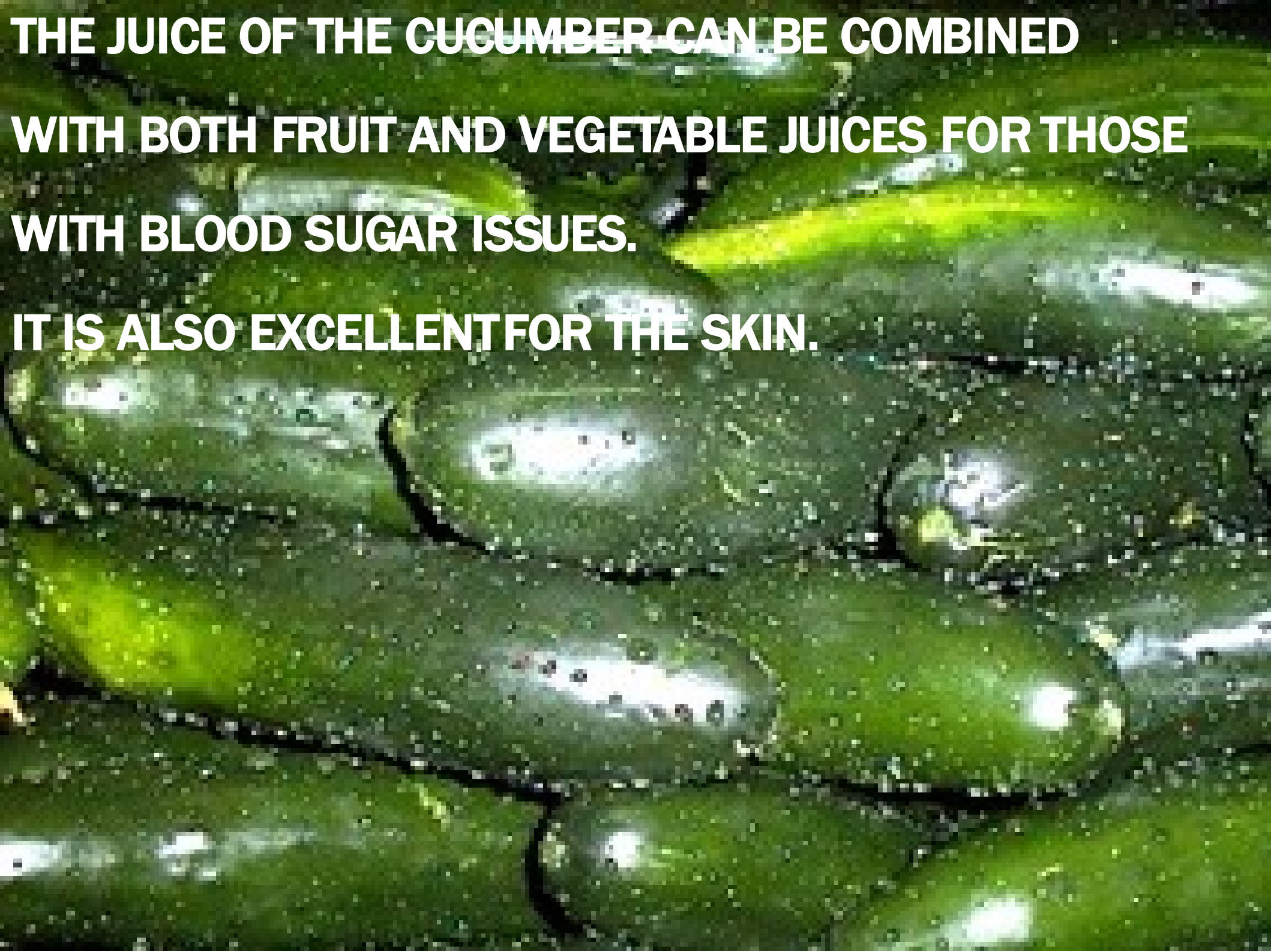
**(2) VERY POWERFUL SO DO NOT DRINK TOO MUCH  
AT ONE TIME.**

**(3) COMBINE WITH APPLE TO MAKE MORE PALATABLE.**

**(4) THE CARROT (ACTUALLY A ROOT) IS ONE OF THE  
MOST POWERFUL HEALERS GOD HAS GIVEN.**



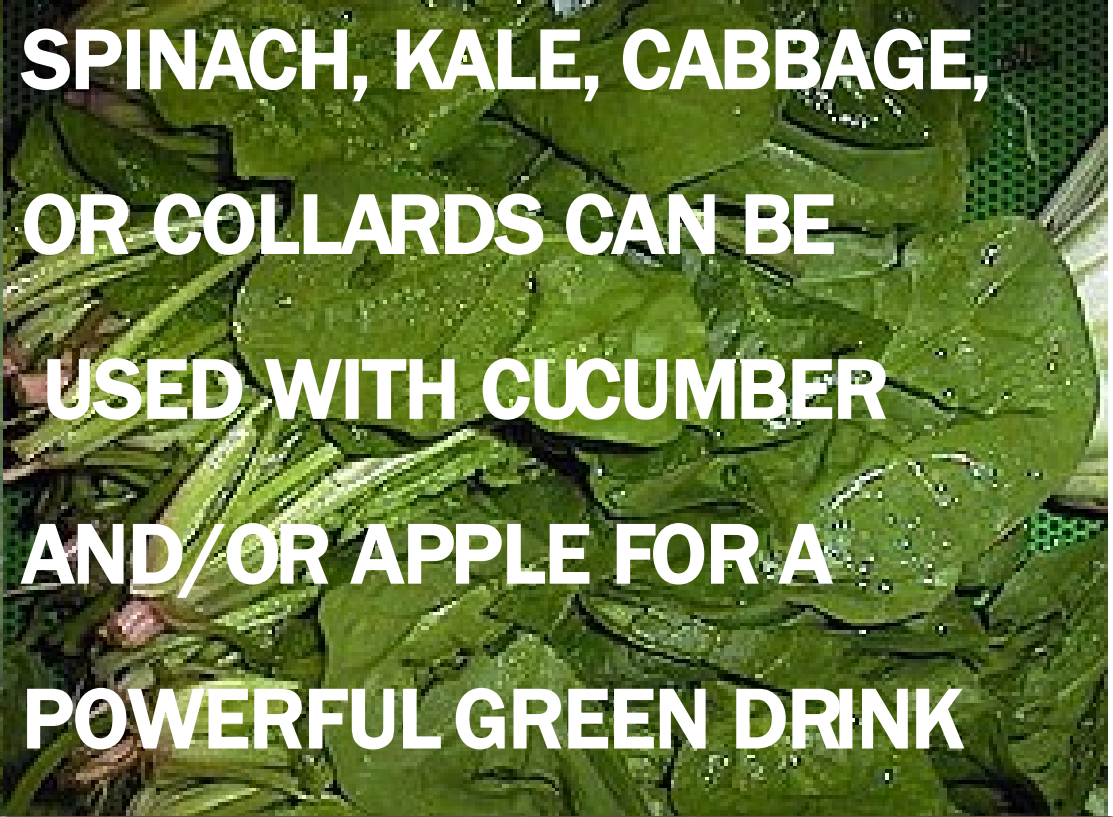
**THE JUICE OF THE CUCUMBER CAN BE COMBINED  
WITH BOTH FRUIT AND VEGETABLE JUICES FOR THOSE  
WITH BLOOD SUGAR ISSUES.  
IT IS ALSO EXCELLENT FOR THE SKIN.**







**GREEN JUICES ARE VERY  
POWERFUL HEALERS.**



**SPINACH, KALE, CABBAGE,  
OR COLLARDS CAN BE  
USED WITH CUCUMBER  
AND/OR APPLE FOR A  
POWERFUL GREEN DRINK**



**REMEMBER NOT TO TAKE IN  
TOO  
MUCH AT ONE SITTING.**



**AND IF THE TASTE IS TOO STRONG  
REMEMBER YOUR FRIEND THE  
APPLE.**



**Some have trouble keeping weight on their frame...**

**or may have concerns about Protein.....**

**Making milk from nuts is an excellent way to alleviate these concerns.....ALMONDS AND CASHEWS**

**make delicious milk. Just add a sweetener,**

**water and a pinch of salt. ALMONDS SHOULD BE**

**SOAKED OVERNIGHT PRIOR TO USE IN**

**ORDER TO RELEASE THEIR MAXIMUM**

**ENZYME POTENTIAL AND EASE DIGESTION**



**WHAT DO I NEED TO  
BEGIN JUICING?**



**WITH THE GIFT OF THE GRACE OF JESUS CHRIST, WITH THE AVAILABILITY  
OF PRAYER AND WITH HIS WORD THE LORD HAS GIVEN US ALL THE TOOLS  
WE NEED TO ATTAIN TO PERFECTION IN CHRIST AND TO  
OVERCOME APPETITE. HE HAS ALSO FILLED THE EARTH WITH FOOD FOR US  
TO ATTAIN OPTIMUM HEALTH AND PREPARE A PLACE FOR HIS HABITATION.  
LET US USE THE MEANS AT OUR DISPOSAL SO THAT WE MIGHT  
PERFECTLY REFLECT THE IMAGE OF JESUS CHRIST AND CAUSE MANY TO  
COME TO THE TRUTH.**

**MARANATHA.**

**TO CONTACT THE RAW REMNANT:**

**MAILING ADDRESS:**

**P.O. BOX 585, TROUTVILLE, VA 24175**

**TELEPHONE: (540) 966-4254**

**EMAIL: TGLASCO4@YAHOO**

**MAY WE MEET AT JESUS' FEET ON THE SEA OF GLASS!**

