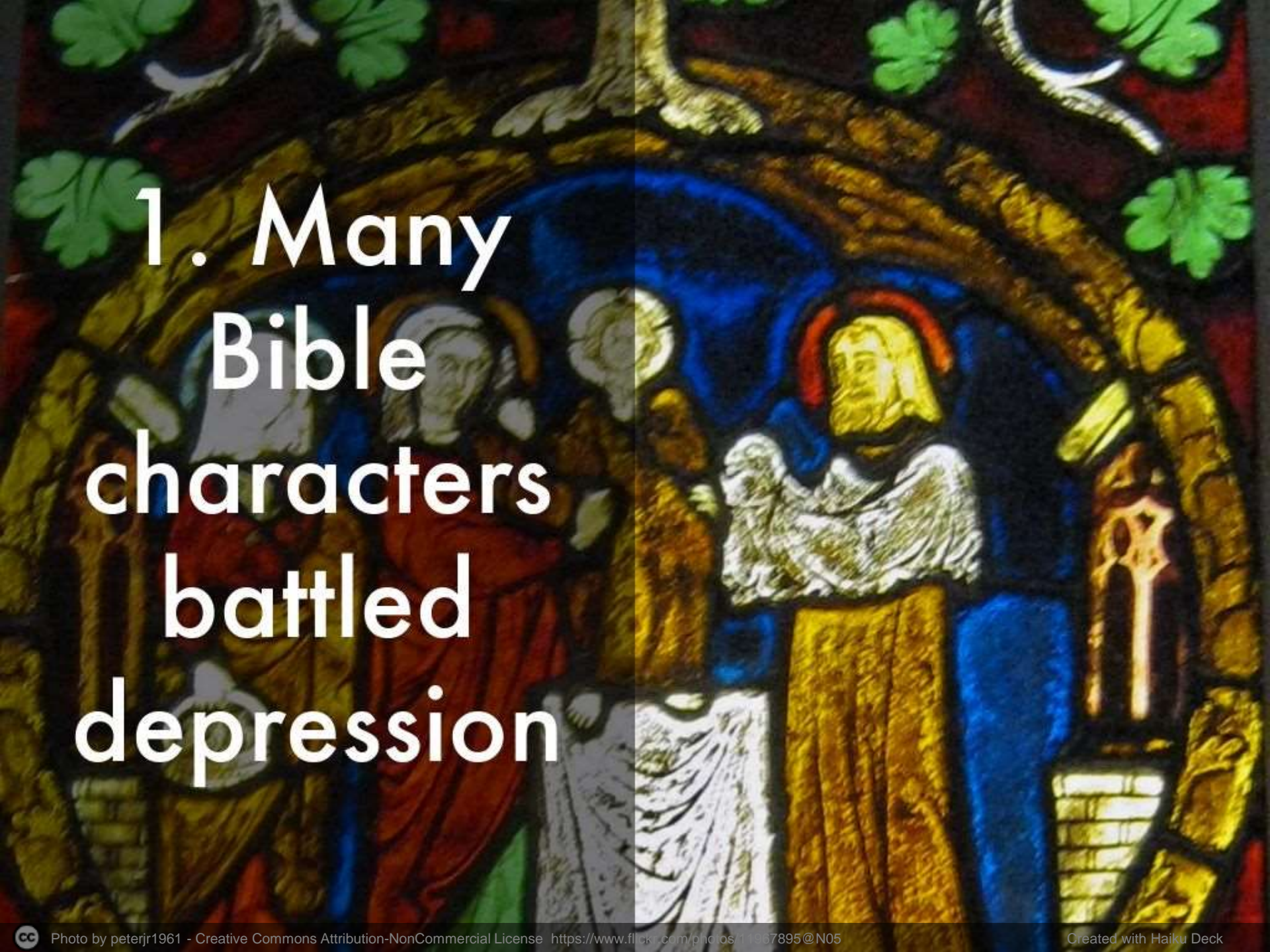
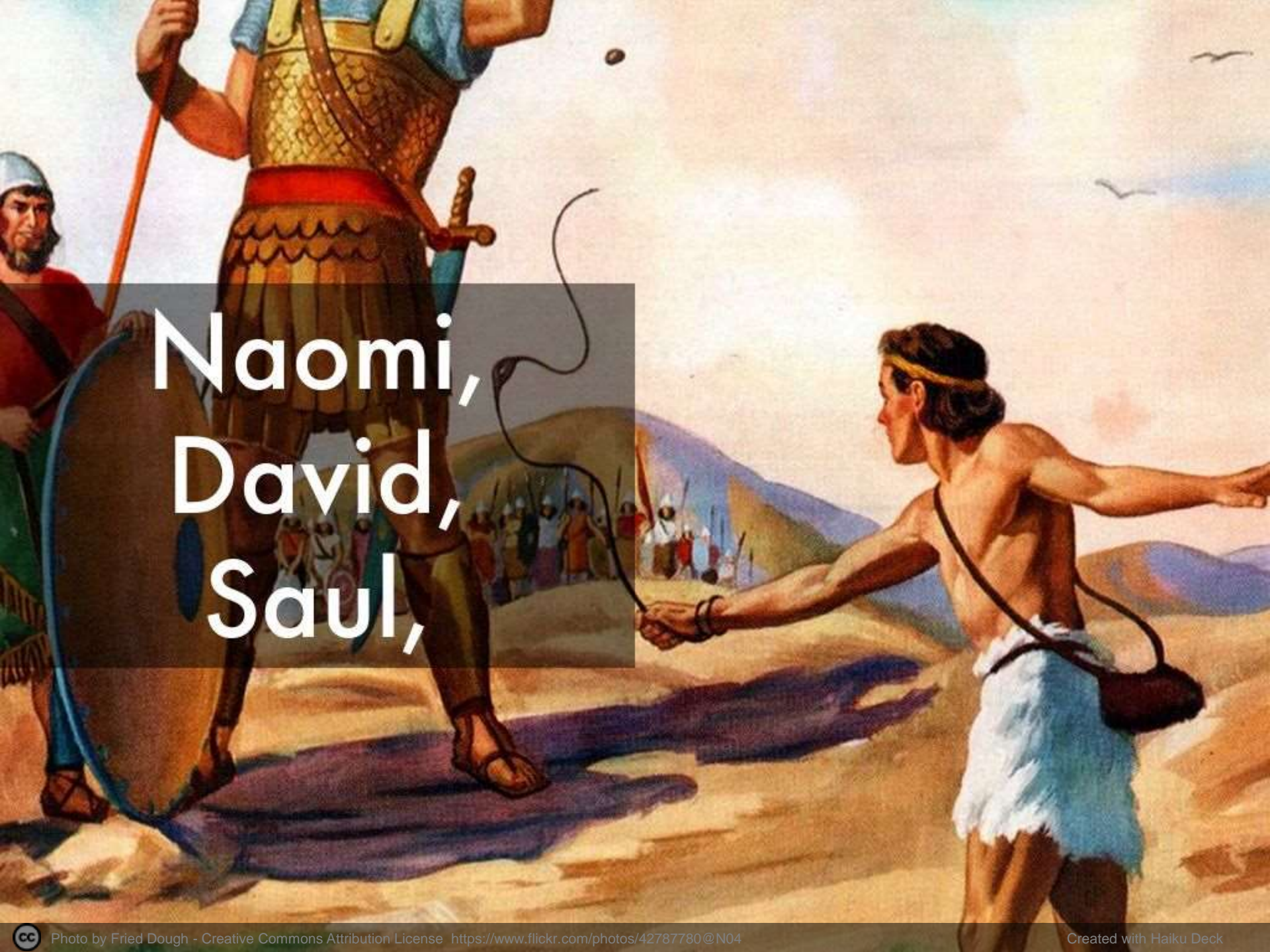




4 Things the Bible Reveals about Depression



1. Many Bible characters battled depression

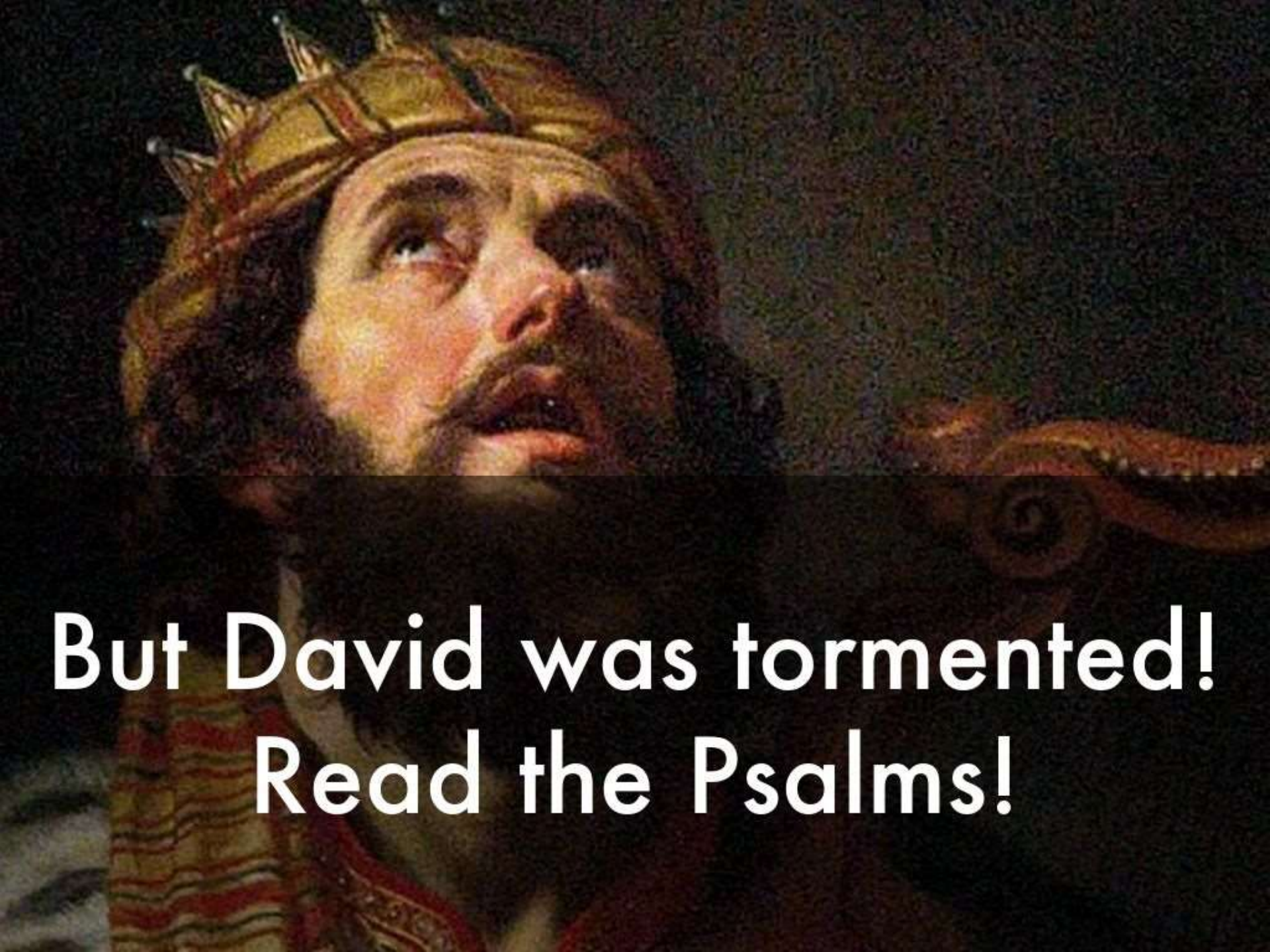


Naomi, David, Saul,

to name only a few..and
Jesus also!



**Matt 14:13: His friend John
died and he withdrew to a
private place**

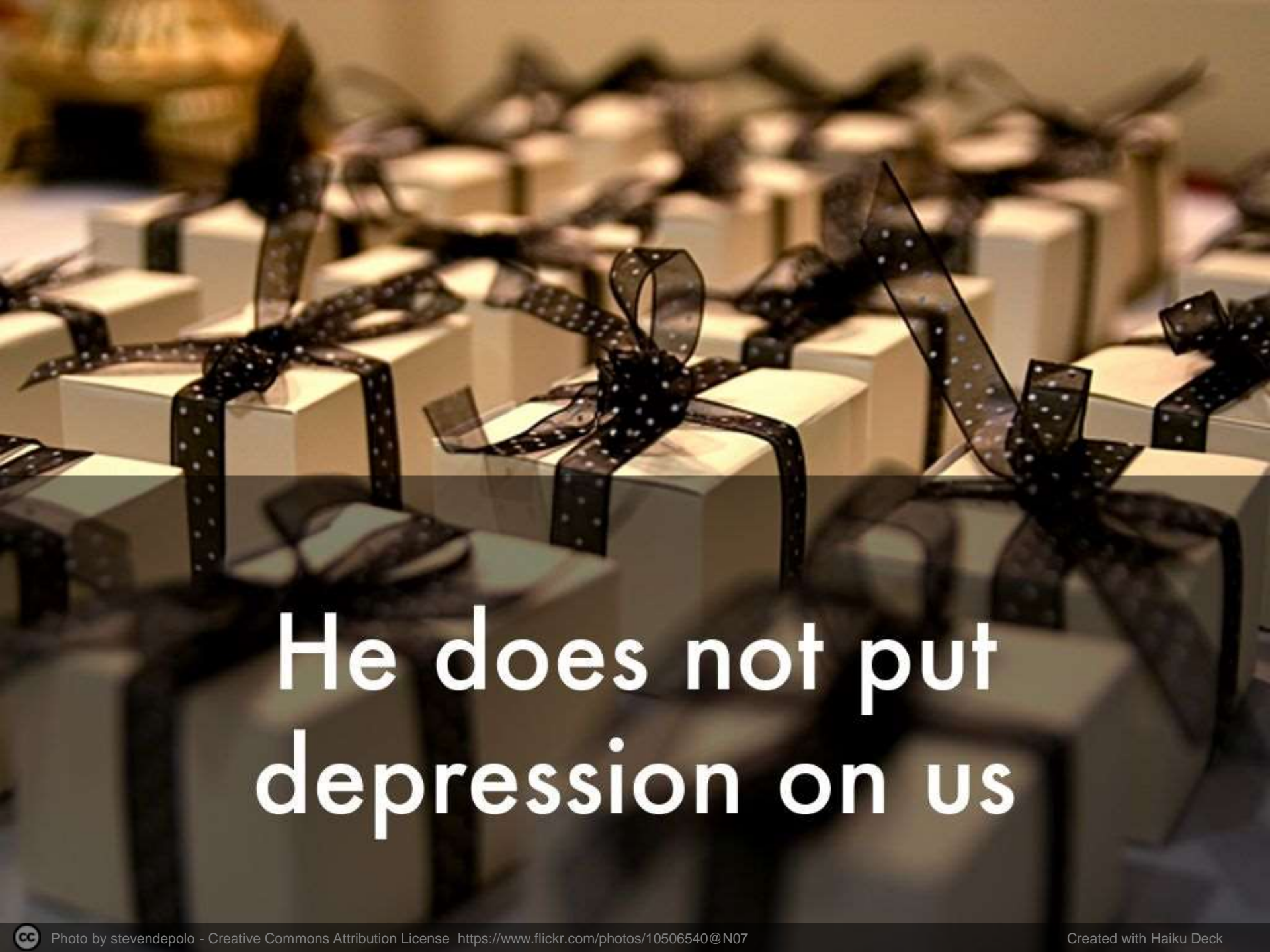


**But David was tormented!
Read the Psalms!**

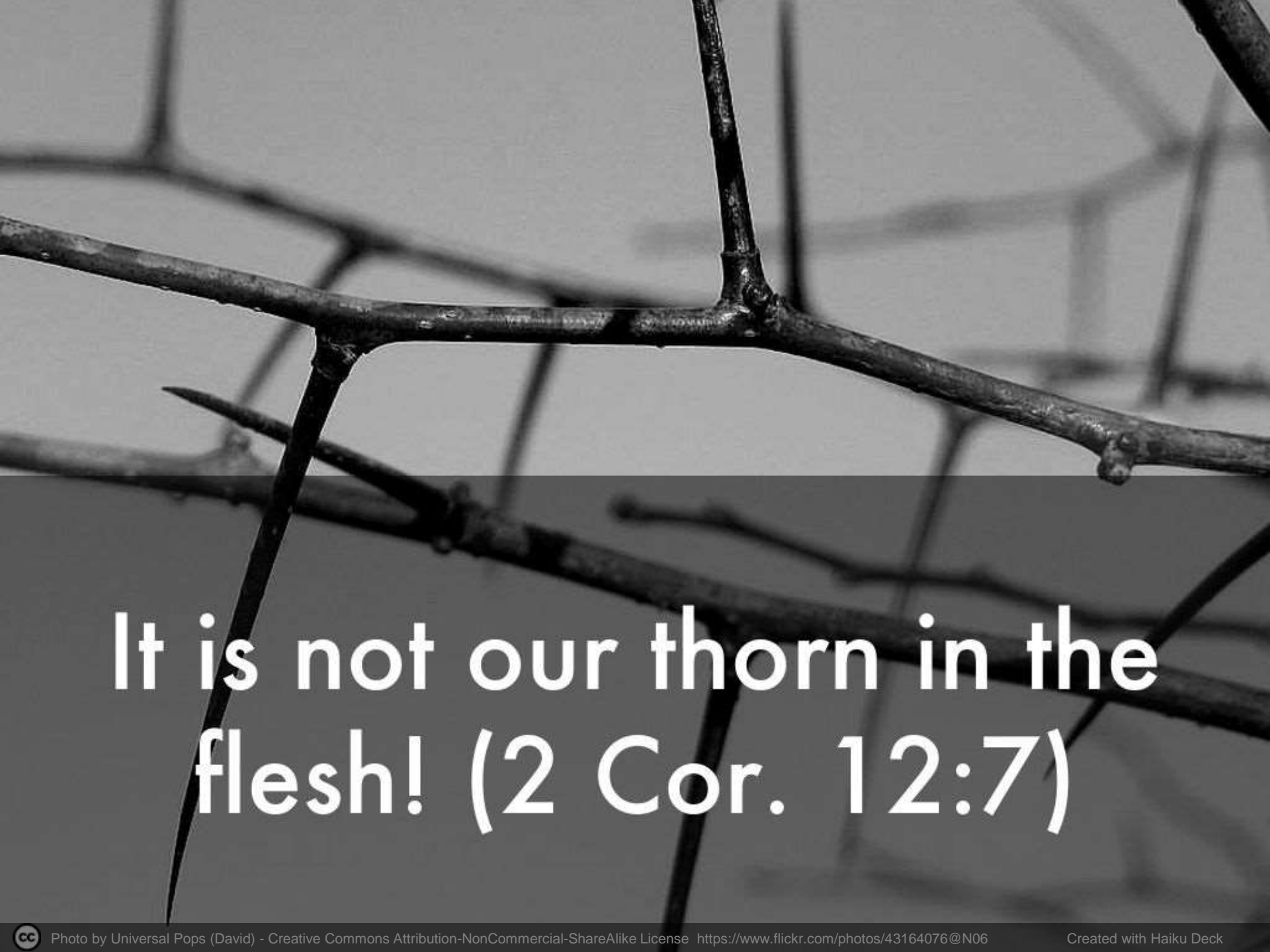
Psalm 38 v8 by David:
I am feeble and utterly
crushed; I groan in anguish of
heart.

2. God does not want us depressed





He does not put
depression on us




It is not our thorn in the
flesh! (2 Cor. 12:7)

A golden crucifix of Jesus Christ is shown against a blue sky with light clouds. The crucifix is the central focus, with Jesus' body rendered in a golden hue. The background is a clear blue sky with some wispy white clouds. The lighting is bright, highlighting the texture of the golden figure.

Jesus took up
our infirmities






3. We must
take
depressing
thoughts
captive in
our mind

We can take them captive
(2 Cor 10:5) and ..



A close-up photograph of a person's hand holding a pink heart-shaped card with a black outline. The card is the central focus, and the text is overlaid on it. The background is slightly blurred, showing the skin of the hand and part of the wrist.

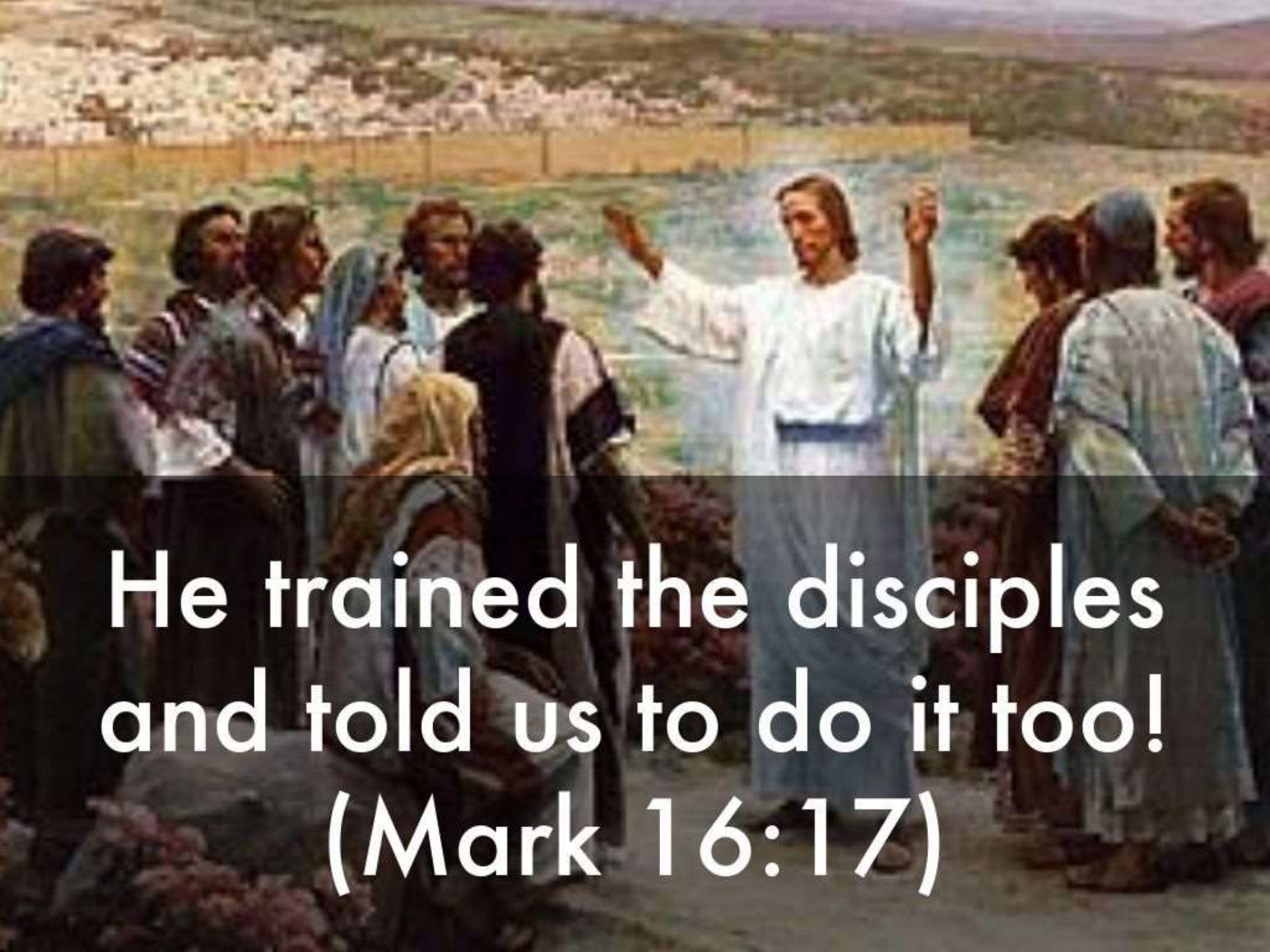
Replace them with good,
godly thoughts (Phil 4:8)



4. We Can Be Delivered From Spirits of Depression

INSANITY

Jesus drove spirits
(including insanity) out of
the demoniac (Luke 8)



**He trained the disciples
and told us to do it too!
(Mark 16:17)**



God wants you free!
If you battle depression
without lasting victory...





**Get help!
Find competent Christian
Counseling help or..**

Contact us!
We help people
worldwide.





**NCCA Licensed
Counselors
Deliverance Ministers**