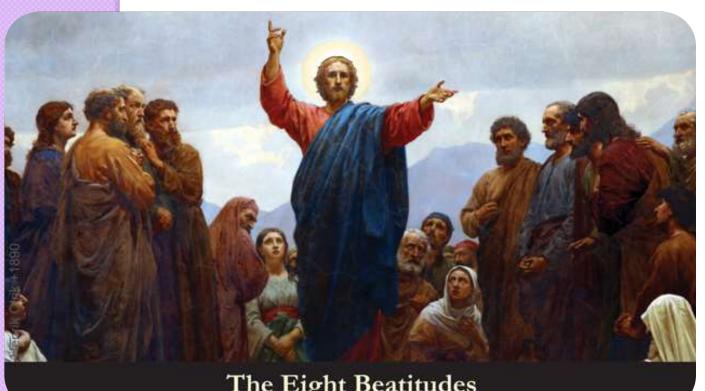
# THE BEATITUDES

Mystery of Happiness



The Eight Beatitudes

The Eight Beatitudes



#### "THE BEATITUDES, HIS WAY OF LIFE"

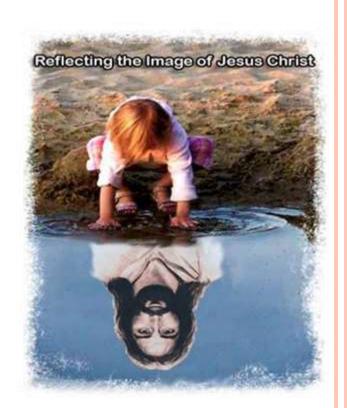
- The Christian life is full of surprises.
- If we try to be more and more like Jesus, we will always be surprise.
- God tell us that His ways are not our ways, but actually much better.

#### Jesus owns words:

"He who find his life will lose it, and he who loses his life for my sake would find it."

#### Jesus is taking about

- eternal life
- and eternal happiness in join with Him.



### THE BEATITUDES THE KEYS TO HEAVEN

- Jesus gave us a surprising ways to come with Him in Heaven.
- We are taking about <u>happiness in join</u> <u>with Him.</u>
- Jesus gave us the keys of happiness, when he gave us the BEATITUDES.
- 1) What do they mean?
- 2) And how they show us of what Jesus is like?
- How about following them, we become more and more like Him?





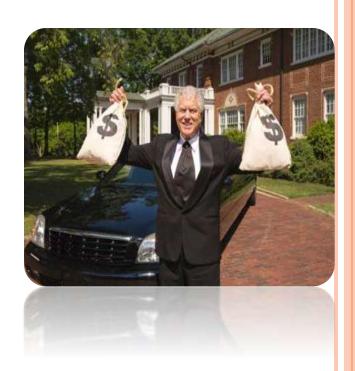
### LIVING THE BEATITUDES JESUS' WAY TO HAPPINESS

- We as Catholic are striving for Jesus dwell more and more in us,
- We want to be able to say like Paul:
- o It is no longer I who live, but Christ who lives in me" (Galatinas 2:20)



### THE BEATITUDES THE MYSTERY OF HAPPINESS

- Jesus tells us that having things cannot make us perfectly happy
- We need all source of things: food, shoes, a house...
- And it is nice to have some things that help us to make our life beautiful
  - Like (good meal, CD's music, even a chance to take a vacation)
- But all those things, do not give us eternal happiness
  - Attachments give us temporary and unsatisfied happiness.

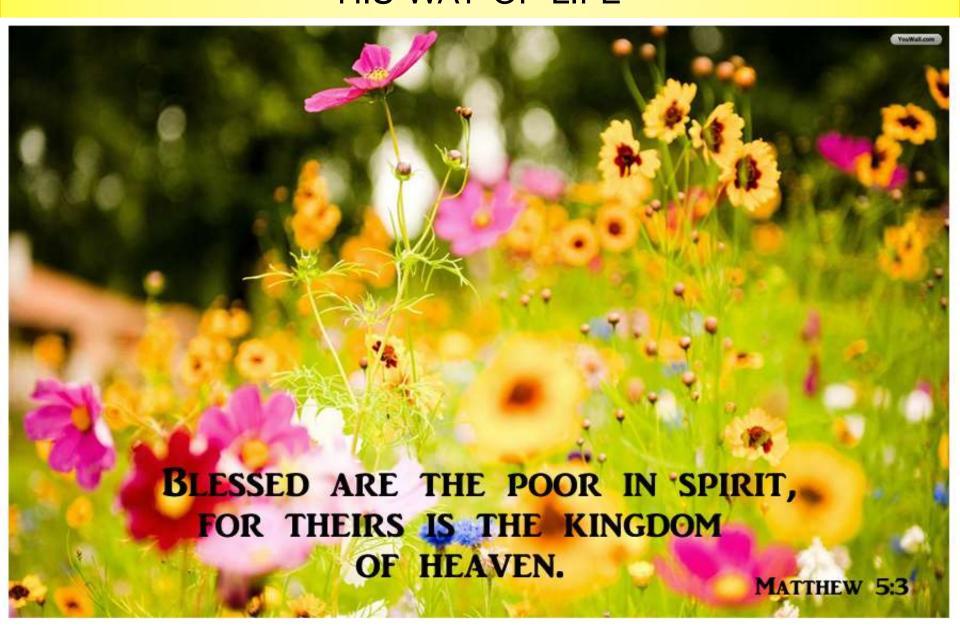


#### LIVING THE BEATITUDES

- All things that we have are Blessings from God to fulfill a purpose in our lives.
  - But we should be careful no to be attach to things, (persons, or positions).
  - Attachments won't give eternal happiness.



# THE BEATITUDES HIS WAY OF LIFE



### THE BEATITUDES HIS WAY OF LIFE

In His famous "Sermon Of The Mount"
 Jesus said that we will be happy if we are
 Poor in Spirit.

"Blessed are the Poor in Spirit, for theirs is the Kingdom of Heaven."

- Someone who is poor, doesn't have much,
  - and makes him more easy to realize, that what he does have, IS A GIFT FROM GOD.







#### LIVING THE BEATITUDES

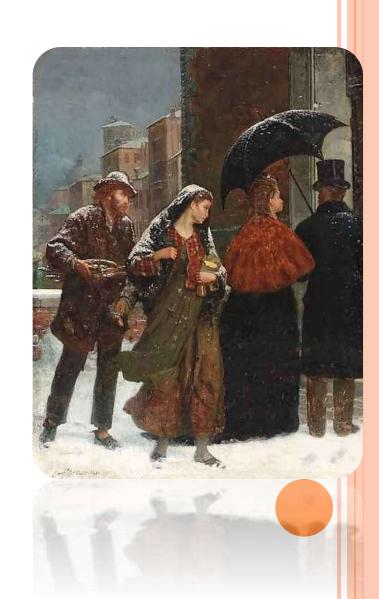
- It is good to be little poor in Spirit, even if you are rich
  - That means that we <u>shouldn't be too</u> greedy in getting things,
  - and be attach to them.
  - Why not?
- If we want to live in God forever, we need to be ready to receive God,
- And we need to be remained that we need Him.
- Everything we have is a Gift from God, and we need to share it, or help others.





#### Some are Not Living the Beatitudes

- If we have lost and lots of things,
- we my forget that God is the want that we really need.
- We may be prejudicially thinking that
  - all that we have is for our own merits,
  - and if others doesn't have anything is because they are lazy.
- Prejudice: It is preconceived opinion that is not based on reason or actual experience.



#### NOT LIVING THE BEATITUDES

- If we are rich, but we are not poor in Spirit...
- We may fall in one of the 7 Deadly sins: This sin is PRIDE
  - Pride is excessive belief in one's own abilities, that interferes with the individual's recognition of the Grace of God.
  - It has been called the sin from which all others arise.
  - Pride is also known as Vanity.





#### THE TRUE WAY OF HAPPINESS

 In a very famous Sermon Jesus gave us the BEATITUDES

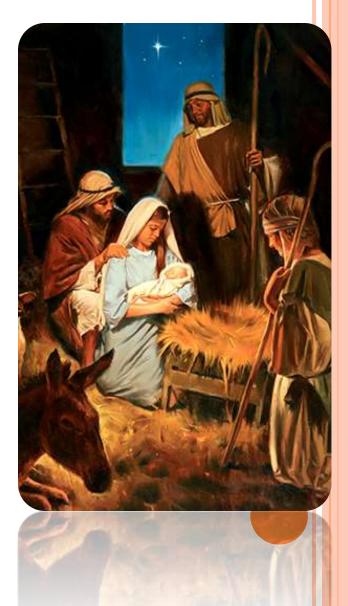
His way of Life

And the <u>True Way of Happiness</u>



#### LIVING THE BEATITUDES

- Jesus shows us how to be in solidarity with the poor
  - Just think of his birth in Bethlehem
- He was God, and he could born in a wealthy and beautiful palace.
  - a) But that was not what he chose.
  - b) He chose to be born a poor child in a stable.
  - He made Himself little and humble
  - d) And even the shepherds came to him and showed their love.



#### BLESSED ARE THE POOR IN SPIRIT

- We too, can be poor in Spirit by setting our eyes on God and...
- by not letting anything we have, don't have, or want to have, distracts us from Him.
- Saint Francis of Assisi, he beautifully imitate Christ poverty.







# THE BEATITUDES THE MYSTERY TO HAPPINESS



"Blessed are those who mourn, for they shall be Comforted"

- Mourn: refers to a feeling experienced when someone is deeply sad
- Often when someone die, we say that his family down here in earth is Mourning
- or is very sad, because that person died.

#### **MOURN:**

feel or show deep sorrow or regret for (someone or their death) feel regret or sadness about (the loss or disappearance of something).



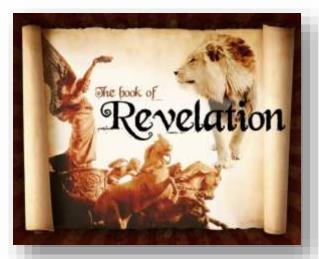


- Beside that someone died, there are other things that can make us sad.
- For example:
  - Parents fighting
  - A Relative Sick
  - Parents Deported, etc.
- We have many things to suffer; we are humans, and as humans beings we are vulnerable
- But remember Jesus tells us that <u>our sorrows</u> will not last forever.
- He said that those who mourn, will be comforted.
  - Keep in mind, that we are not alone;
  - any pain we can ever experience, it has first gone through Jesus' heart.
  - We must trust and keep hope in Jesus' promises





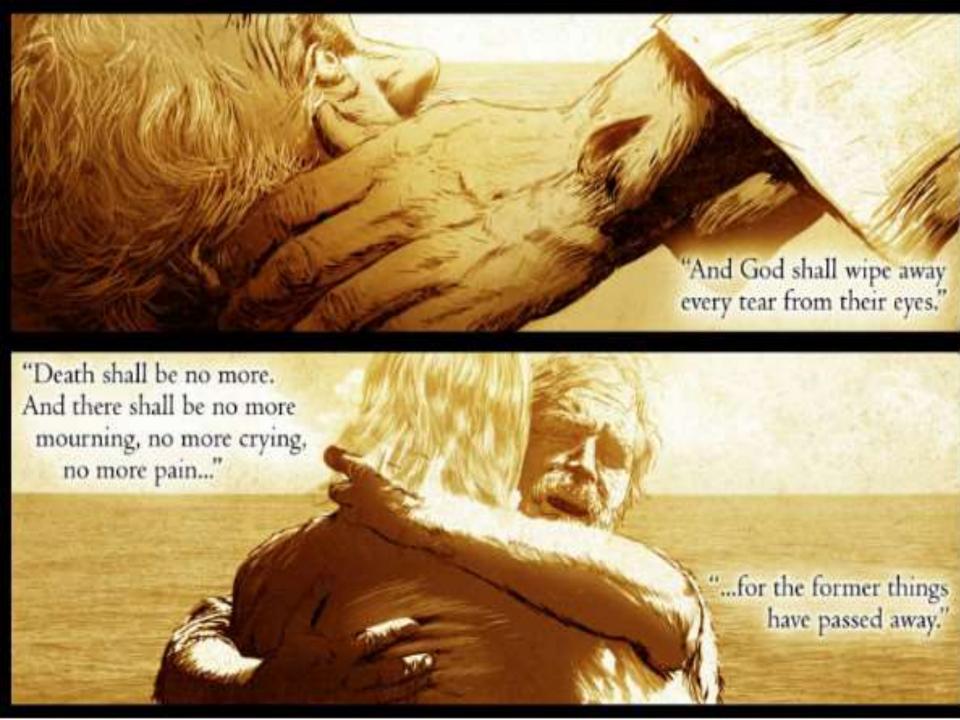




- The Book of Revelation said that God Himself
  - He will wipe away every fear from their eyes
  - And death shall be no more
  - Neither shall there be mourning,
  - nor crying, nor pain any more. (Revelation 21:4)



- All these things, He said, will pass away!
- We can look forward to joy in heaven even though, sometimes mourn here on earth.
  - We all have times when we mourn, or we are sad.
  - It is good to remember that also other people mourn.



- In the story of Lazarus,
- Jesus Comforts the Sisters of Lazarus
  - On his arrival, Jesus found that Lazarus had already been in the tomb for four days...
  - many Jews had come to Martha and Mary to comfort them in the loss of their brother. (John 11:19)
- People were sad to lose their friend Lazarus, too,
  - and come to comfort Martha & Mary,
  - and to try to help them feel better
  - And Jesus came too.



- When Jesus saw them whipping and sorrow, then Jesus wept, too.
- Jesus suffered with the people who were suffering,
  - He was sad with those who were sad
  - HE even wept, he cried.
- Jesus is always with us in suffering, giving us whatever we need to suffer well, and to come closer to Him.
- It is good that we like Jesus can help family and friends, when they are mourning.



- Everyone has things that made them sad.
- But St. Paul remains us, that we're not alone in our suffering:
- Because we are all members of the Church (The Body of Christ), what happen to other people, also happens or affects to us.
- So we should help other people, when they are having a hard time.
- Saint Paul said:

If one member suffers, all suffers together; if one member is honored, all rejoices together. (1 Corinthians 12:26)

So, when some one suffers, <u>suffer with them</u>.







- Some of the best things you can do, is to pray for them, and to be with them as a friend.
- We all need friends, specially in hard time.
- Saint Paul said to in the Romans letter:

"Rejoice with those who rejoice; mourn with those who mourn.

Live in harmony with one another.

Do not be proud, but be willing to associate with people of low position.

Do not be conceited."





### LIVING THE BEATITUDES HIS WAY TO HAPPINESS

- On other hand we should not judge those, who are rude or mean with us
  - Because we don't know the background of their attitudes or behaviors.
- For example, Some times we may think that certain person is so mean or rude, but we don't know if...
  - a) If it is that things are really difficult in home.
  - b) Or if someone thought some wrong informacion, and told them, *using that behavior against others*, is appropriate.
  - c) Or maybe he/she has a terrible headache...





## LIVING THE BEATITUDES HIS WAY TO HAPPINESS

- It is always good to be friendly and to keep understanding,
   even when people don't seem very friendly themselves.
- They must be suffering something, and we may not know anything of it.







# THE BEATITUDES HIS WAY TO HAPPINESS



#### Blessed Are The Meek, For They Shall Posses The Earth

- The good things that God give us is our talents
- He gave them to us to use them well
- THE MEEK PERSON will thanks God for his talents.
- THE MEEK PERSON try hard to do well with the talents, God gave him.
  - And **he also be happy** when others do well, too





#### BLESSED ARE THE MEEK

- The Meek Person Not always has to be best
  - or always has win the most award,
  - or be the center of attention
- The Meek Person does his best,
- o and is happy when others do well, too.







#### BLESSED ARE THE MEEK

- The meek person is not afraid,
- but it makes a habit, not to be mean,
- And not fighting back, when something goes wrong
- He don't have to be right all the time.
- Usually the meek person is the kind of person, we like to be around
- because they are not only interested in themselves, they are interested in us, too.





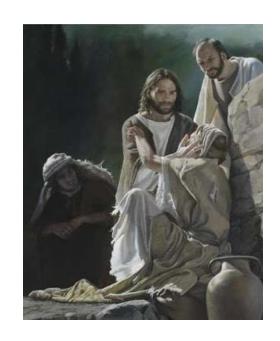
## BLESSED ARE THE MEEK LIVING THE MYSTERY OF HAPPINESS

- And that remains us at Jesus.
  - He didn have to fight back; He control himself
  - He was always thinking of others;
- In fact the only reason, He came to earth was out of love for us.
  - For our salvation, he came down form heaven
  - For our sake, he was crucify
- He didn't do this for Himself, he did it for us



### THE BEATITUDES HIS WAY OF HAPPINESS

- Over and over again, throughout his life, down here on earth, <u>Jesus</u> <u>did good for others.</u>
  - a) Healing them,
  - b) Telling them about God's love
  - c) And loving them, when it seemed no one else was doing so.
- He tried hard to do well with the talents, God gave him.

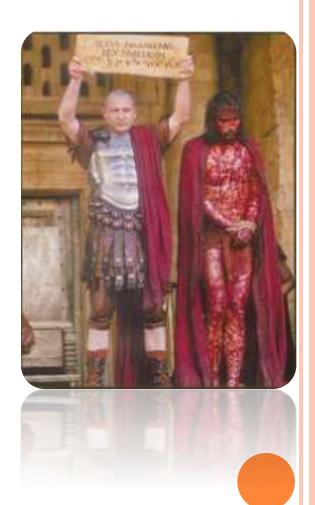






#### BLESSED ARE THE MEEK

- One of the greatness time, when we see the meekness of Jesus was
  - during his passion,
  - and when he was crucify
- Jesus was God, and he was truly humble
- He did not use his power as God to hurt, or even to stop those who were hurting Him.
- Isaiah prophecy says about Jesus:
  - He was oppressed and He was afflicted, Yet He did not open His mouth;
  - Like a lamb that is led to slaughter, And like a sheep that is silent before its shearers, So He did not open His mouth. (Isaiah 53:7)
- Indeed, Jesus even has the power to destroy those who harmed or tried to take advantage of others.



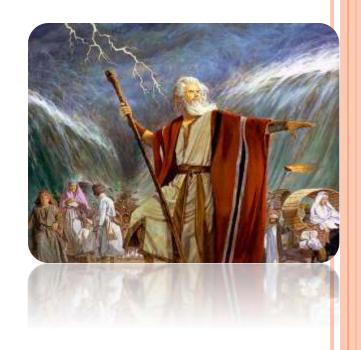
#### THE BEATITUDES

- We know that Jesus went angry with the injustice that he saw in the Temple,
  - He <u>admonished them for their wickedness</u>.
  - but he was able to control his anger against those merchants,
  - Who were stealing and abusing of the poor and other pilgrims who came to Jerusalem.
- He did not use His Powers to destroy and kill all those wicked people.
- Because If He willed, he could do that harm, and much more;
- Indeed, we all know Jesus has a great power
  - to calm down the storms
  - To Overcome death
  - And much more
- Nevertheless, Jesus just scolded the merchants in the temple,
- Letting them know that God didn't approve their bad and inappropriate behavior...



#### BLESSED ARE THE MEEK

- Meek people naturally have a strong temper
- They go angry very easy, <u>but they are</u> <u>able to control that anger</u>
- They are strong in controlling themselves.
- The Bible tells us that the meekest man on earth was Moses
  - And yet even in his early life he even kill a man
- Time went on, when he learned that God was in charge, and that
- And He didn't have to hurt or kill people to get them to do the right thing.



### DO NOT RESIST EVIL WITH EVIL

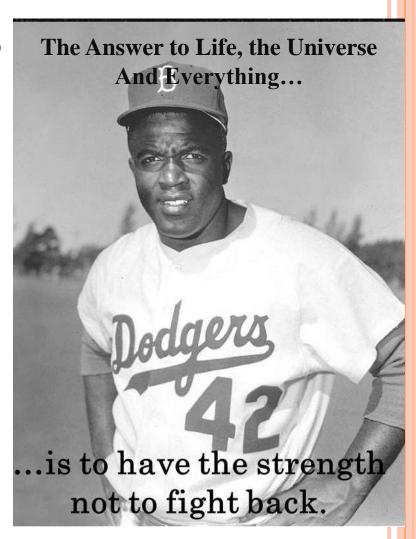
- In the Gospel of Matthew Jesus says:
  - "Do not resist one who is evil,
  - but if one strikes you on the right cheek,
  - turn to Him the other also"
- There are people all around us, Ordinary people:
- teachers, famers, baseball players, children,
  - who are following Jesus examples,
  - and his instructions of the Sermon on the Mount.
  - Be Happy, Be Blessed…





### JACKIE ROBINSON MEEK OF HEART

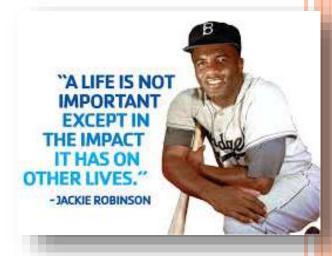
- Jackie Robinson (1919 –1972)
   became the first <u>African American</u> to play in <u>Major League Baseball</u>
  - The example of Robinson's character, his use of nonviolence,
  - and his unquestionable talent challenged the traditional basis of segregation
  - Challenged strong enough not to fight back, no matter what people said,
  - He control his temper, he didn't fight back because of Robinson strength, and meekness

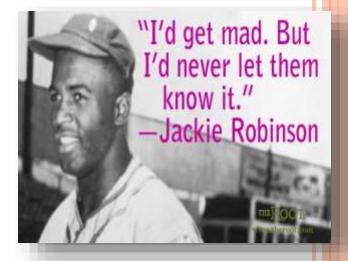


### JACKIE ROBINSON MEEK OF HEART

- Robinson broke the <u>baseball color line</u>.
- He opened the door on Mayor League baseball for people of color
- As the first major league team to play a black man since the 1880s, the Dodgers ended <u>racial segregation</u>
- Jesus keeps his promise, they will posses the earth.







# THE BEATITUDES THE MYSTERY OF HAPPINESS



# Blessed are Those Who are Hunger and Thirsty for Righteousness, for They Shall Be Satisfied.

- Hunger and thirsty in this way,
- is trying to say that <u>Really</u> <u>really wants something</u>"
- That some one is longing for something, with very strongly feeling.
- Blessed who are hunger and thirsty for <u>Righteousness</u>





# BLESSED ARE THOSE WHO ARE HUNGER & THIRSTY FOR RIGHTEOUSNESS

- RIGHTEOUSNESS means: "goodness and justice"
- This Goodness and Justice is happening inside of us when:
  - 1) When we want everyone to be Holy
  - When we want everyone to love & serve God
  - 3) When we want everyone to see God
- Injustice and evil doing is the absence of God in the souls of men.
- The best think to see God, is love for everyone.
- It is to get to know Him, and to love Him ourselves.
- Jesus promises: "...Those will be satisfied."





# BLESSED ARE THOSE WHO ARE HUNGER & THIRSTY FOR RIGHTEOUSNESS

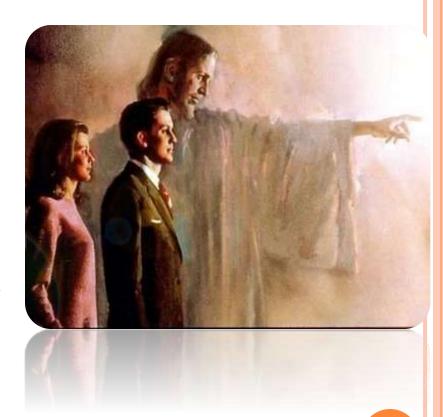
- We were baptized, and God came to live in our souls, by his Grace and by the Power of the Holy Spirit.
- His Grace enable us to act and love as He loves,
- His Grace enable us to know as He knows, and to see as He see.
- And by living closer to Him in this life, we become more and more ready to live with Him forever in Heaven.
- In Heave our desire for God, and our hunger & thirst for righteousness will be satisfied and will never ever, ever ends.





### BEATITUDES: THE WAY TO LIVE BY HIM

- Jesus give us these and others 4 beatitudes to live in happiness.
- We learned that we will be blessed even
  - If we mourn
  - If we are poor in spirit
  - If we are meek
  - And if we are hunger and thirsty for righteousness
- Great joy await for us when we do this things for love of Jesus.







### LAST FOUR BEATITUDES

His Way Of Life
The True Way Of Happiness

### HIS WAY OF LIFE

#### Jesus said:

- I am the light of the world, he who follows me will not walk in the darkness, but will have the light of the light.
- By following Jesus, we will be able to see things as they really are.
- And we also will be make ready to see him in heaven.
- We have being talking about happiness, and the way of Happiness, Jesus gave us in the Sermon of the Mountain.
- He gave us 8 key to have happiness:
   They are called BEATITUDES





### THE WAY OF JESUS

- By following the way Jesus gave us in the Beatitudes, we are made ready for the never ending happiness in Heaven.
- We also are learning to walk in the light to see things as God's see them
- God is preparing us to see Him face to face in Heaven.
- San John, in Revelation tells us that in heaven
  - ...they shall see His face... and night shall be no more, they need no light or lamp or sun, for the Lord will be their light and they shall reign forever and ever" (Revelation 22:4-5)



### THE FIFTH BEATITUDE

- In Matthew 5, we find the 8 Beatitudes.
   Blessed are the Merciful, for they shall obtain Mercy.
- o MERCY: means
  - Is a kind love, is quick to forgive,
  - Quick to feel for other, and quick to help them
- Jesus show us the mercy of God, by coming to earth to die for us.
   So that our sins can be forgiven and we can live with him forever I heaven
- That is a greatest act of Mercy.
- Jesus in the cross said:
  - Father forgive them because they know not what they do.
  - Jesus gave us a great example of Mercy.



### Jesus Mercy for the World



### BLESSED ARE THE MERCIFUL

- We all do things that hurt other people, and we need to ask forgiveness and Mercy.
- We want the other person to forgive us for the wrong we have done.



- We need to be quick to forgive
- When we forgive we choose not to hold someone mistakes against them.
- Usually when someone hurts you, You have 2 options:
  - 1) You may <u>forgive</u>, and <u>choose to be merciful</u>.
  - 2) or you may choose bring it up whenever you have an argument...





### BLESSED ARE THE MERCIFUL

- When someone hurts us, we have to do what Jesus did.
  - A. We have to show mercy
  - B. We have to forgive, even when the other person is not right
- We experienced Happiness and Peace when we forgive.
- It is good to remember Jesus Promises to us. If we show Mercy to others he said: Blessed are the Merciful, for they shall obtain Mercy"
- That means that if we are ready to forgive others, God would forgive us too.
- We need <u>God's Mercy</u> and <u>forgiveness</u>.



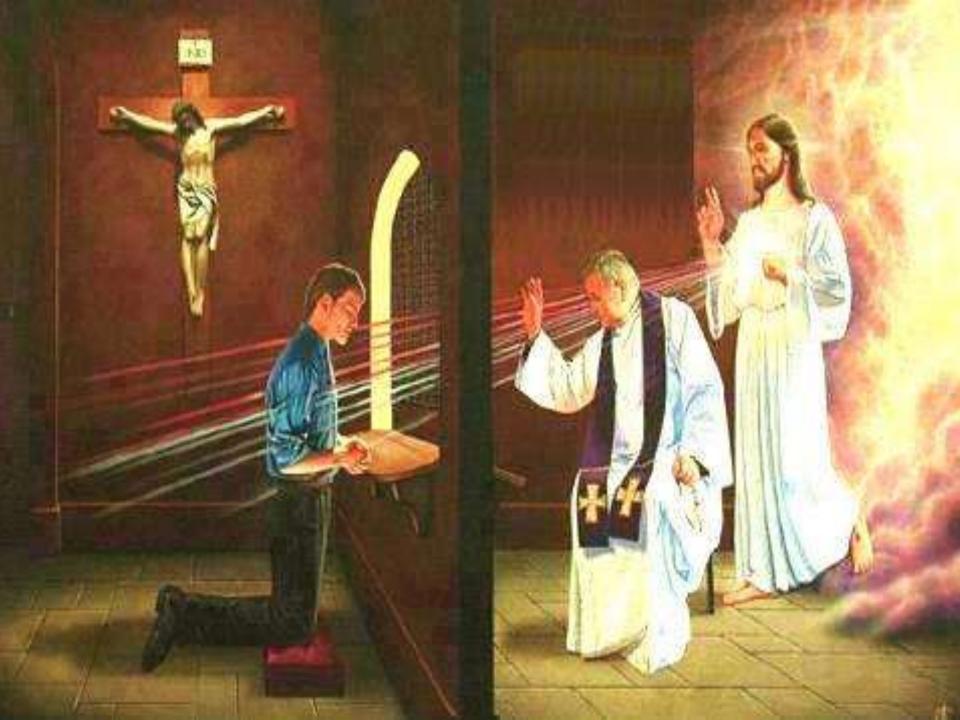


### BLESSED ARE THE MERCIFUL

- In another time, Jesus tells us that the Mercy we show others, God will show us.
- So if we do not forget others, we shall not experience forgiveness ourselves.
- When we hurt others, at purpose, we also offend God
- and It is important to ask his forgiveness, too.
- Jesus is always ready to forgive
- The name of the sacrament, God's forgive the sins we commit, is RECONCILIATION.



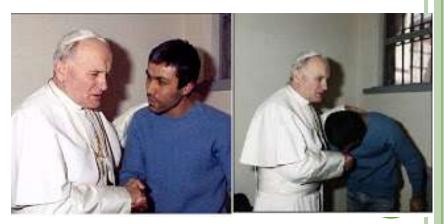




### BLESSED ARE THE MERCIFUL, FOR THEY SHALL OBTAIN MERCY

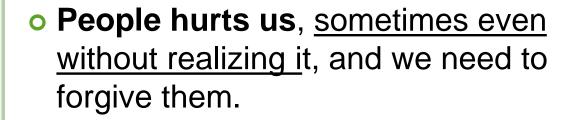
- Because Christ greatest act of forgiveness was his dying on the cross
- We can be forgiven for our sins, when we receive the sacraments.
- There are many saints who show us the examples of Mercy
- One man who show mercy was John Paul II to the man who shoot him.





### BLESSED ARE THE MERCIFUL, FOR THEY SHALL OBTAIN MERCY

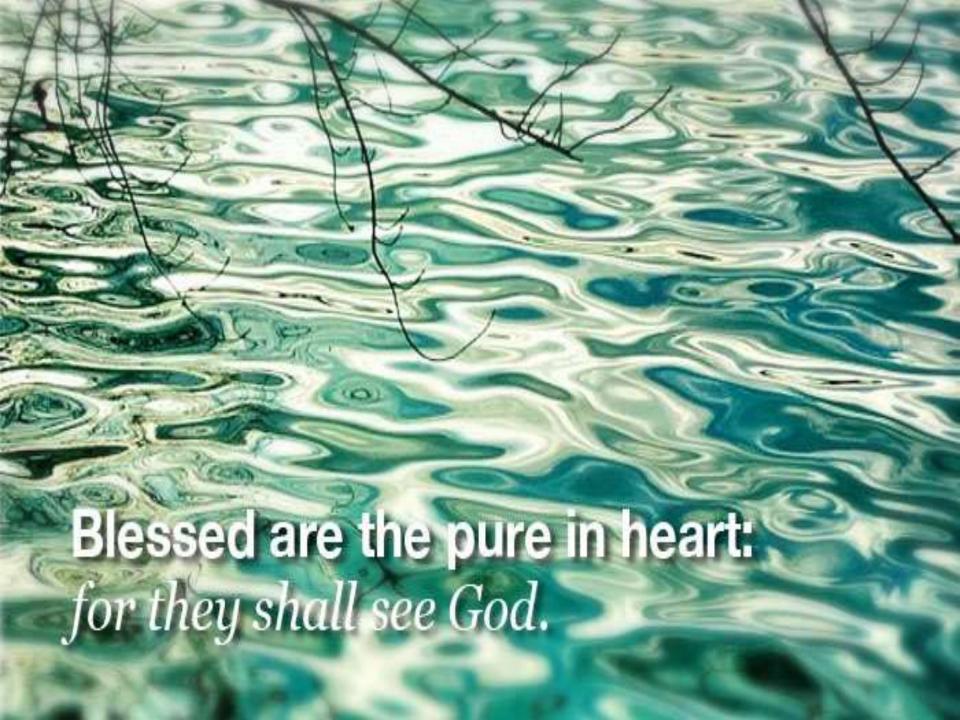
- There are time we need to forgive people around us.
  - Sometimes our brothers,
  - friends, teachers,
  - and even sometimes our Parents.



 We Christians can bring the love of Jesus to others



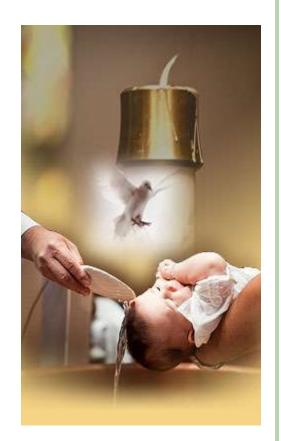




## BLESSED ARE THE PURE IN HEART, FOR THEY SHALL SEE GOD

#### **PURE:** is another word for Clean

- If we want to see our glasses must be clean, if they are dirty, we will not will be able to see very well
- If they are really dirty, we will not be able to see at all.
- It is the same with our hearts
- Jesus promises that those who are pure in heart, will see God.
- If we want to see God, we must keep our hearts pure and clean.
- When God came to live in you, in your baptism, he makes you <u>his Holy temple</u>
  - He give you His Grace
  - He makes your heart clean and good
  - And he wants you to keep your mind and heart clean.



## BLESSED ARE THE PURE IN HEART, FOR THEY SHALL SEE GOD

- There are so many evil things around us,
  - Bad examples
  - Bad attitudes
  - People acting as they don't care about God
- But there are also many things around us that remains us about God
  - Good examples
  - Beautiful pictures and music
  - People with good attitudes
  - People fill of the love of God.
  - Teens who do not conform to the pattern of this world,
  - Teens with a transformed mind.
- If we want to be pure in heart, we must learn to look in these things & persons.



of every child.

### BLESSED ARE THE PURE IN HEART

 Saint Paul wrote in one of his letters:

Whatever is true, whatever is honorable, Whatever is just, Whatever is pure, whatever is lovely, Whatever is gracious If there is any excellence, if there is anything worthy of praise, think about these things!

(Philippians 4-8)

 If we are constantly looking of things that are good,

things that are beautiful, and true, we are preparing to see God forever.





### BLESSED ARE THE PURE IN HEART

In other letter Saint Paul invites
 us to excel and renew our minds:

#### o Paul said:

- Therefore I urge you, brethren, by the mercies of God,
- to present your bodies a living and holy sacrifice, acceptable to God...
- Do not conform to the pattern of this world, but be transformed by the renewing of your mind.
- Then you will be able to test and approve what God's will is--his good, pleasing and perfect will. (Romans 12:2)







### BLESSED ARE THE PEACE MAKERS, FOR THEY SHALL BE CALLED SONS OF GOD

- Jesus is called the Prince of Peace;
- When he came into the world, he brought us the peace of God.
  - And he wants each of us to be at Peace with God.
- When we are at peace with God, we are living close to him
  - He is in us, and we are in him
  - We know that he loves and forgives us
- Being at peace with God, we also need to be at Peace with people around us
  - Our brothers & sisters,
  - mom & dad,
  - and the other people as well.
  - Like people from other religions, other races, and other ideologies.



## BLESSED ARE THE PEACE MAKERS, FOR THEY SHALL BE CALLED SONS OF GOD

- When we are in peace with them (others),
  - we treat them with <u>love</u> & <u>kindness</u>,
  - even if sometimes disagree
  - And even if we don't really like them
- Actually we don't have to like everyone, <u>but we</u> <u>have to love everyone.</u>
- Which means we want everyone to know and love God.
- If we want everyone to know and love God, We need to show them the love of God by actions
- If we are always ready to argue,
  - or to say something mean
  - or rude things to someone,
  - or to pick up a fight...
- Then we are not bringing the love of God to the world





### BLESSED ARE THE PEACE MAKERS,

- If we always,
  - or you have to prove your right, no matter what
  - Or always you have to show people they are wrong
- Then we are not really showing God's love
- Still, true peace among people, is not only love and kindness, but also True.
  - It doesn't mean that we <u>prentend</u> that something is no wrong
  - Or act as if something never makes us sad.
- Peace makers learn to listen to others though
  - They learn to work things out and to get along with others.
- We can not win others for Jesus by being mean,
  - but instead <u>by being kind</u>, and <u>by being a</u> true Peace Maker







### THE BEATITUDES, HIS MYSTERY OF HAPPINESS

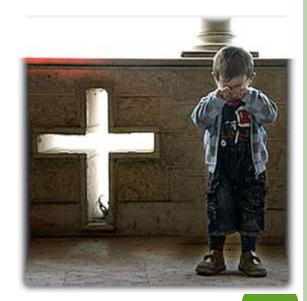
- Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven
- Blessed are those who are persecuted for... rejoice and be glad because your reward is greater in heaven.

#### Jesus talk about Persecution

- When someone is Persecuted,
- that means it <u>is hard for them to practice their</u> <u>faith</u>
- Or is harder for them to do the will of God (to love, to make justice, to do good)

#### • For example:

- If someone, in a country, makes a law that forbid Mass on Sunday,
- Then we may say that Christians are persecuted.





### BLESSED ARE THOSE WHO ARE PERSECUTED

- We can also be persecuted <u>in smaller ways</u>, too.
- Example
  - You want to tell the true,
  - But someone may treating you, not to be your friend anymore
  - This are different kind of persecution



- Well, remember Jesus said that we will be Blessed, when we are persecuted for his Sake.
- Someone makes fun of us because we are doing the will of God
- Jesus remains us that we can rejoice and be glad
- o because our reward will be great in heaven.





### THE BEATITUDES: HIS WAY OF LIFE HIS MYSTERY TO HAPPINESS

- Jesus gave us the greatest example of bearing persecution
  - Just think of Jesus suffering and dying for us on the cross.
  - People bitten up, made fun of him,
  - But he didn't give up.
- This was persecution, but he accepted at all, he did not fight back
- He was enduring it all out of love <u>for us</u>
- So be brave, and take courage!
- It is hard to be Christian, but you will have a great reward in heaven

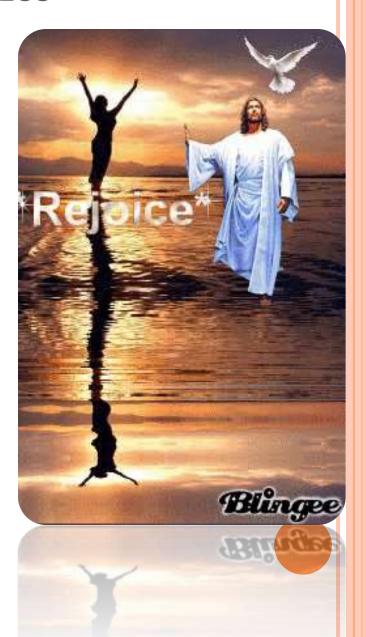




### THE BEATITUDES: HIS MYTERY TO HAPPINESS

### Jesus Plan for your Happiness

- If we follow the way he shows us, by his example,
- and what he told us in the Beatitudes,
- He will fills us with the joy that surpasses all our expectations
- By walking in God's life, we will make ready to see God, Himself,
- Stay close to Jesus, the <u>Light of the</u> <u>World</u>
  - And pray that we all, meet in Heaven.





THE BEATITUDES: "JESUS WAY OF LIFE"
His Mytery to Happiness

