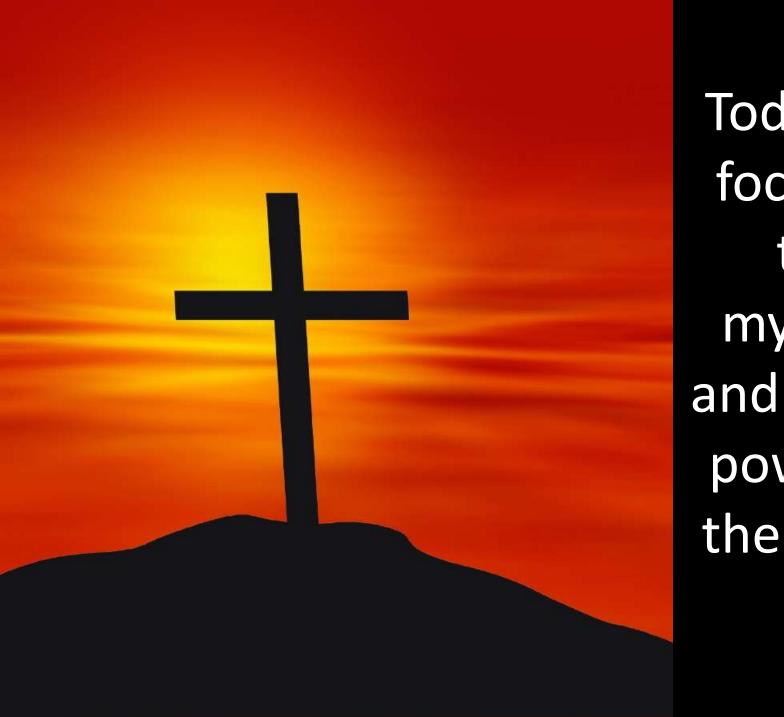


A Reflection on Good Friday

By. Fr. Joseph Jablonski, MSC

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Today we focus on the mystery and saving power of the cross.

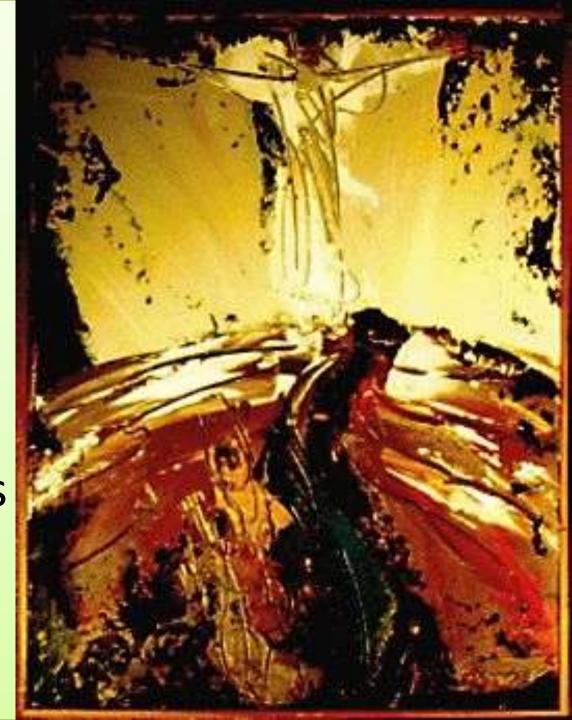
The cross is an icon inviting us into the mystery



of the unconditional, unfathomable, ever-faithful and forgiving love of Christ for each of us and all of humanity.



The cross is the sign of God's compassionate, healing love that overcomes suffering and death in Christ's rising from the grave.



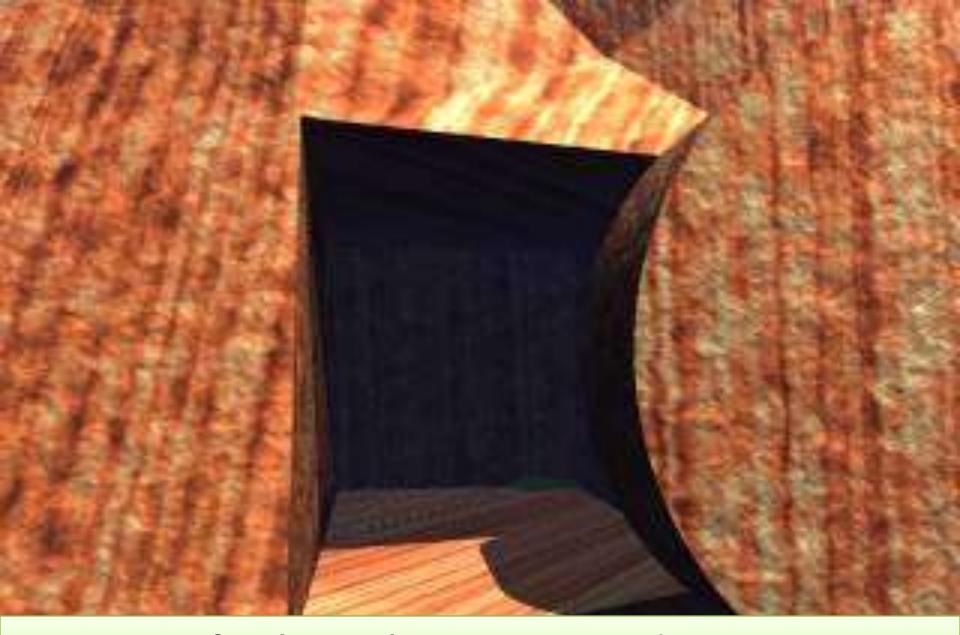


Christ's infinite, self-sacrificial love for us is more powerful than evil





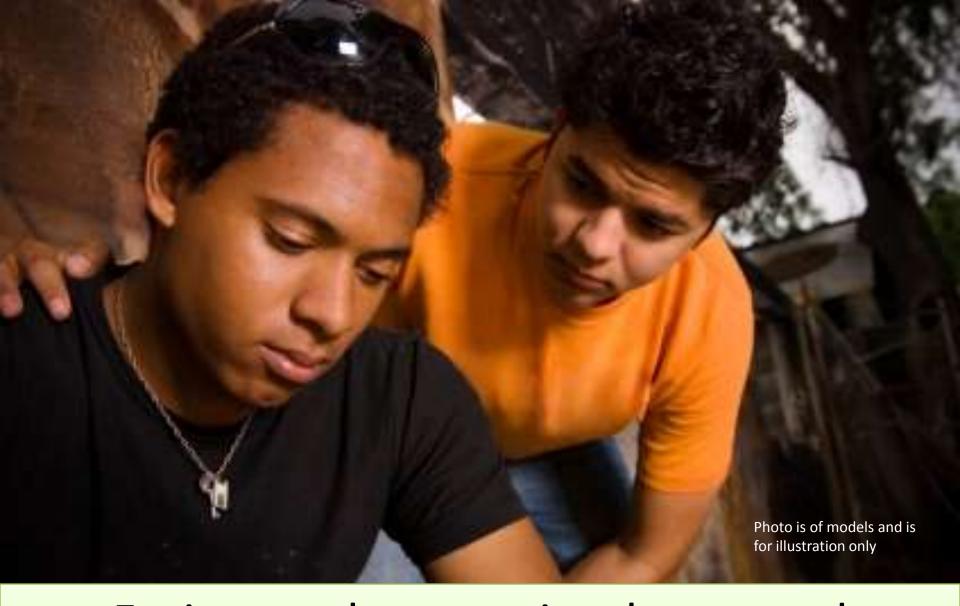
The Son of God gives his life to save us from sin and death and give us everlasting life.



Our faith in the risen Lord gives us



the strength to take-up our own crosses and follow him.



Facing our hurts, pains, losses and disillusionments in life,



but with the eyes of our hearts focused on the Lord,



will allow us to forgive

and let-go of what keeps us bound to our pain and so be born to new life.





The Lord gives us perspective and hope as we face the reality of sufferings in our lives.



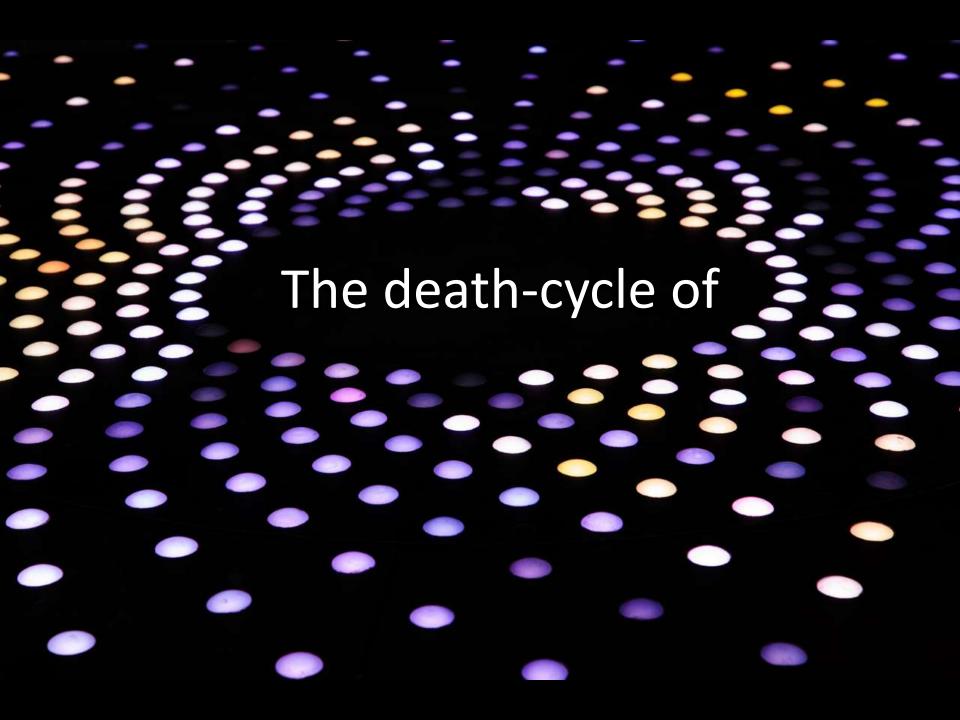
His life, death and resurrection invite us to enter the same process of forgiveness

so as to not be bound to our past,



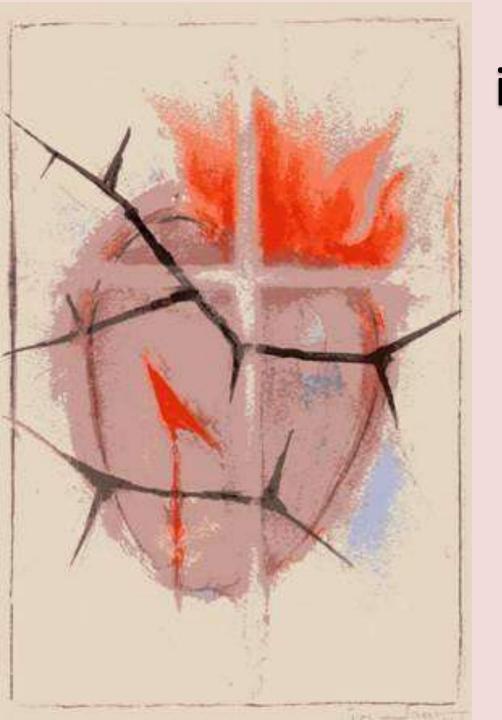


but rather free to live and love in the present.

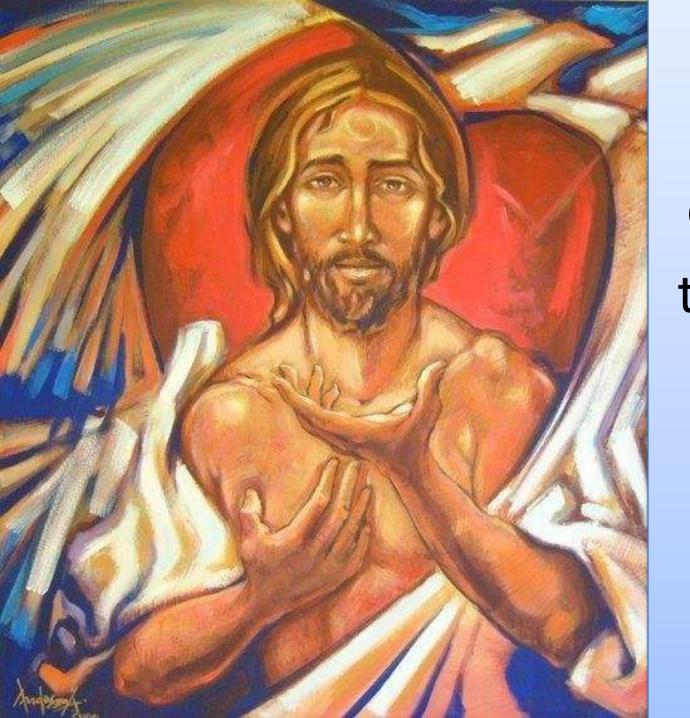








is finally broken by the innocent victim from whose pierced heart flows the life-blood of healing forgiveness.



Each time that we enter into that loving Sacred Heart and forgive,

we become freer.





Not only will each of us begin to be healed,



but so will all of humanity.

We hope you enjoyed this reflection.



If you would like to read other reflections by Fr. Joseph Jablonski, please visit the <u>Sunday Reflection page</u> on our website, where you can also sign up to receive Fr. Joseph's weekly Sunday reflection by email.



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